

































Rockland Key, Rockland Channel Bridge, FL - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:30	0.8	6:40	-0.2	6:08	0.2	7:10	5:49	
2	Mon			1:27	0.8	7:38	-0.3	7:02	0.2	7:11	5:50	
3	Tue	12:51	1.4	2:17	0.8	8:29	-0.4	7:53	0.2	7:11	5:51	
4	Wed	1:41	1.4	3:01	0.8	9:15	-0.5	8:43	0.1	7:11	5:51	
5	Thu	2:28	1.4	3:42	0.8	9:59	-0.4	9:30	0.1	7:11	5:52	
6	Fri	3:14	1.4	4:20	0.9	10:40	-0.4	10:17	0.1	7:12	5:53	
7	Sat	3:57	1.3	4:57	0.9	11:21	-0.3	11:05	0.1	7:12	5:53	
8	Sun	4:39	1.2	5:34	0.9			12:02	-0.2	7:12	5:54	
9	Mon	5:21	1.1	6:11	0.9			12:44	-0.1	7:12	5:55	
10	Tue	6:04	1.0	6:50	0.9	12:50	0.2	1:26	0.0	7:12	5:56	
11	Wed	6:51	0.8	7:33	0.9	1:52	0.2	2:10	0.1	7:12	5:56	
12	Thu	7:48	0.7	8:23	0.9	2:59	0.2	2:57	0.2	7:12	5:57	
13	Fri	9:05	0.6	9:18	0.9	4:08	0.2	3:47	0.3	7:12	5:58	
14	Sat	10:36	0.5	10:15	1.0	5:15	0.1	4:39	0.3	7:12	5:59	
15	Sun	11:51	0.5	11:08	1.0	6:15	0.0	5:31	0.3	7:12	5:59	
16	Mon			12:45	0.6	7:06	-0.1	6:20	0.3	7:12	6:00	
17	Tue			1:29	0.6	7:50	-0.2	7:05	0.2	7:12	6:01	
18	Wed	12:43	1.2	2:08	0.6	8:29	-0.3	7:48	0.2	7:12	6:01	
19	Thu	1:27	1.2	2:44	0.7	9:06	-0.4	8:29	0.1	7:12	6:02	
20	Fri	2:11	1.3	3:21	0.8	9:41	-0.4	9:11	0.1	7:12	6:03	
21	Sat	2:55	1.3	3:57	0.8	10:18	-0.4	9:55	0.0	7:11	6:04	
22	Sun	3:40	1.3	4:34	0.9	10:55	-0.4	10:42	-0.1	7:11	6:04	
23	Mon	4:25	1.2	5:12	0.9	11:34	-0.3	11:33	-0.1	7:11	6:05	
24	Tue	5:13	1.1	5:52	1.0			12:14	-0.2	7:11	6:06	
25	Wed	6:05	1.0	6:36	1.0	12:31	-0.1	12:58	-0.1	7:10	6:07	
26	Thu	7:05	0.8	7:26	1.0	1:36	-0.1	1:46	0.0	7:10	6:07	
27	Fri	8:19	0.7	8:26	1.0	2:49	-0.1	2:39	0.1	7:10	6:08	
28	Sat	9:50	0.6	9:35	1.1	4:06	-0.2	3:39	0.2	7:09	6:09	
29	Sun	11:17	0.5	10:44	1.1	5:22	-0.2	4:44	0.2	7:09	6:10	
30	Mon			12:26	0.6	6:31	-0.3	5:49	0.2	7:09	6:10	
31	Tue			1:19	0.6	7:30	-0.4	6:50	0.1	7:08	6:11	