




































## Rockland Key, Rockland Channel Bridge, FL - Jul 2026

| Date |     | High  |     |          |     | Low   |      |          |      |  |      |    |
|------|-----|-------|-----|----------|-----|-------|------|----------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM       | ft  | AM    | ft   | PM       | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sun | 2:20  | 0.6 | 1:02     | 1.4 | 7:07  | 0.5  | 9:19     | -0.2 | 6:41                                                                                | 8:19 |    |
| 2    | Mon | 3:08  | 0.6 | 1:51     | 1.4 | 7:56  | 0.5  | 10:01    | -0.3 | 6:42                                                                                | 8:19 |    |
| 3    | Tue | 3:50  | 0.7 | 2:40     | 1.5 | 8:45  | 0.4  | 10:42    | -0.4 | 6:42                                                                                | 8:19 |    |
| 4    | Wed | 4:30  | 0.7 | 3:30     | 1.6 | 9:34  | 0.4  | 11:23    | -0.4 | 6:42                                                                                | 8:19 |    |
| 5    | Thu | 5:08  | 0.8 | 4:20     | 1.6 | 10:25 | 0.3  |          |      | 6:43                                                                                | 8:19 |    |
| 6    | Fri | 5:46  | 0.9 | 5:11     | 1.5 | 12:04 | -0.3 | 11:19 AM | 0.3  | 6:43                                                                                | 8:19 |    |
| 7    | Sat | 6:24  | 1.0 | 6:03     | 1.4 | 12:44 | -0.2 | 12:17    | 0.3  | 6:43                                                                                | 8:19 |    |
| 8    | Sun | 7:03  | 1.1 | 6:58     | 1.3 | 1:26  | -0.1 | 1:21     | 0.2  | 6:44                                                                                | 8:19 |    |
| 9    | Mon | 7:45  | 1.2 | 7:58     | 1.1 | 2:07  | 0.1  | 2:32     | 0.2  | 6:44                                                                                | 8:19 |    |
| 10   | Tue | 8:30  | 1.2 | 9:10     | 0.9 | 2:50  | 0.2  | 3:48     | 0.1  | 6:45                                                                                | 8:19 |    |
| 11   | Wed | 9:20  | 1.3 | 10:38    | 0.7 | 3:34  | 0.3  | 5:04     | 0.1  | 6:45                                                                                | 8:19 |   |
| 12   | Thu | 10:17 | 1.4 |          |     | 4:22  | 0.4  | 6:18     | 0.0  | 6:46                                                                                | 8:18 |  |
| 13   | Fri | 12:10 | 0.7 | 11:18 AM | 1.4 | 5:15  | 0.4  | 7:28     | -0.1 | 6:46                                                                                | 8:18 |  |
| 14   | Sat | 1:28  | 0.6 | 12:18    | 1.5 | 6:12  | 0.5  | 8:30     | -0.2 | 6:46                                                                                | 8:18 |  |
| 15   | Sun | 2:28  | 0.6 | 1:16     | 1.5 | 7:11  | 0.4  | 9:22     | -0.2 | 6:47                                                                                | 8:18 |  |
| 16   | Mon | 3:15  | 0.7 | 2:08     | 1.5 | 8:08  | 0.4  | 10:06    | -0.2 | 6:47                                                                                | 8:17 |  |
| 17   | Tue | 3:55  | 0.7 | 2:56     | 1.5 | 9:02  | 0.4  | 10:44    | -0.2 | 6:48                                                                                | 8:17 |  |
| 18   | Wed | 4:29  | 0.8 | 3:41     | 1.5 | 9:52  | 0.4  | 11:20    | -0.1 | 6:48                                                                                | 8:17 |  |
| 19   | Thu | 5:00  | 0.9 | 4:22     | 1.5 | 10:39 | 0.4  | 11:55    | -0.1 | 6:49                                                                                | 8:16 |  |
| 20   | Fri | 5:29  | 0.9 | 5:01     | 1.4 | 11:26 | 0.4  |          |      | 6:49                                                                                | 8:16 |  |
| 21   | Sat | 5:58  | 1.0 | 5:39     | 1.3 | 12:28 | 0.0  | 12:12    | 0.4  | 6:50                                                                                | 8:16 |  |
| 22   | Sun | 6:27  | 1.1 | 6:18     | 1.2 | 1:01  | 0.1  | 1:00     | 0.4  | 6:50                                                                                | 8:15 |  |
| 23   | Mon | 6:57  | 1.1 | 6:58     | 1.1 | 1:32  | 0.2  | 1:53     | 0.4  | 6:51                                                                                | 8:15 |  |
| 24   | Tue | 7:30  | 1.2 | 7:44     | 0.9 | 2:03  | 0.3  | 2:50     | 0.4  | 6:51                                                                                | 8:15 |  |
| 25   | Wed | 8:06  | 1.2 | 8:40     | 0.8 | 2:32  | 0.4  | 3:54     | 0.3  | 6:51                                                                                | 8:14 |  |
| 26   | Thu | 8:48  | 1.2 | 9:57     | 0.7 | 3:01  | 0.5  | 5:01     | 0.3  | 6:52                                                                                | 8:14 |  |
| 27   | Fri | 9:39  | 1.2 | 11:37    | 0.6 | 3:34  | 0.5  | 6:09     | 0.2  | 6:52                                                                                | 8:13 |  |
| 28   | Sat | 10:38 | 1.3 |          |     | 4:20  | 0.6  | 7:13     | 0.1  | 6:53                                                                                | 8:13 |  |
| 29   | Sun | 1:04  | 0.6 | 11:40 AM | 1.4 | 5:22  | 0.6  | 8:09     | 0.0  | 6:53                                                                                | 8:12 |  |
| 30   | Mon | 2:01  | 0.7 | 12:40    | 1.5 | 6:30  | 0.6  | 8:58     | -0.1 | 6:54                                                                                | 8:12 |  |

| Date      |     | High        |     |             |     | Low         |     |             |      |  |      |   |
|-----------|-----|-------------|-----|-------------|-----|-------------|-----|-------------|------|------------------------------------------------------------------------------------|------|-------------------------------------------------------------------------------------|
|           |     | AM          | ft  | PM          | ft  | AM          | ft  | PM          | ft   | Rise                                                                               | Set  | Moon                                                                                |
| <b>31</b> | Tue | <b>2:43</b> | 0.7 | <b>1:36</b> | 1.6 | <b>7:34</b> | 0.5 | <b>9:40</b> | -0.1 | 6:54                                                                               | 8:11 |  |