

































## Rockland Key, Rockland Channel Bridge, FL - Aug 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:59	1.0	4:37	1.4	11:00	0.4	11:57	0.0	6:55	8:10	
2	Sat	5:32	1.1	5:16	1.4	11:39	0.4			6:55	8:10	
3	Sun	6:05	1.1	5:56	1.3	12:28	0.1	12:22	0.4	6:56	8:09	
4	Mon	6:40	1.2	6:40	1.2	1:01	0.2	1:11	0.4	6:56	8:08	
5	Tue	7:17	1.2	7:29	1.1	1:36	0.3	2:07	0.4	6:57	8:08	
6	Wed	7:58	1.3	8:28	1.0	2:15	0.3	3:12	0.3	6:57	8:07	
7	Thu	8:47	1.3	9:46	0.9	3:00	0.4	4:24	0.3	6:58	8:06	
8	Fri	9:45	1.4	11:15	0.8	3:52	0.5	5:36	0.2	6:58	8:06	
9	Sat	10:51	1.4			4:53	0.5	6:45	0.1	6:58	8:05	
10	Sun	12:33	0.8	11:58 AM	1.5	5:58	0.5	7:47	0.0	6:59	8:04	
11	Mon	1:36	0.9	1:01	1.6	7:03	0.5	8:43	-0.1	6:59	8:03	
12	Tue	2:27	1.0	1:59	1.7	8:04	0.4	9:32	-0.1	7:00	8:03	
13	Wed	3:13	1.1	2:54	1.7	9:01	0.3	10:18	-0.1	7:00	8:02	
14	Thu	3:55	1.2	3:47	1.7	9:56	0.3	11:00	0.0	7:01	8:01	
15	Fri	4:36	1.2	4:37	1.7	10:48	0.2	11:42	0.0	7:01	8:00	
16	Sat	5:16	1.3	5:25	1.6	11:41	0.2			7:01	7:59	
17	Sun	5:56	1.4	6:13	1.4	12:23	0.2	12:35	0.2	7:02	7:58	
18	Mon	6:36	1.4	7:02	1.3	1:04	0.3	1:33	0.3	7:02	7:58	
19	Tue	7:18	1.4	7:54	1.1	1:47	0.4	2:34	0.3	7:03	7:57	
20	Wed	8:04	1.4	8:55	1.0	2:32	0.5	3:41	0.4	7:03	7:56	
21	Thu	8:57	1.4	10:17	0.9	3:22	0.6	4:50	0.4	7:03	7:55	
22	Fri	9:57	1.3	11:49	0.9	4:19	0.7	5:59	0.4	7:04	7:54	
23	Sat	11:02	1.4			5:20	0.7	7:03	0.4	7:04	7:53	
24	Sun	12:58	0.9	12:02	1.4	6:21	0.7	7:57	0.4	7:05	7:52	
25	Mon	1:44	0.9	12:54	1.4	7:17	0.7	8:41	0.3	7:05	7:51	
26	Tue	2:18	1.0	1:40	1.5	8:06	0.7	9:18	0.3	7:05	7:50	
27	Wed	2:48	1.1	2:22	1.5	8:50	0.6	9:51	0.3	7:06	7:49	
28	Thu	3:18	1.2	3:02	1.6	9:29	0.6	10:21	0.3	7:06	7:48	
29	Fri	3:48	1.2	3:42	1.6	10:07	0.5	10:51	0.3	7:07	7:47	
30	Sat	4:19	1.3	4:21	1.6	10:44	0.5	11:20	0.3	7:07	7:46	
31	Sun	4:51	1.4	5:02	1.5	11:23	0.4	11:50	0.4	7:07	7:45	