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# Rockland Key, Rockland Channel Bridge, FL - Mar 2060

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 1:18 | 1.3 | 2:28 | 0.8 | 8:54 | -0.4 | 8:23 | 0.0 | 6:48 | 6:29 | |
| 2 | Tue | 2:11 | 1.4 | 2:59 | 0.9 | 9:31 | -0.4 | 9:14 | -0.2 | 6:47 | 6:29 | |
| 3 | Wed | 3:03 | 1.4 | 3:32 | 1.0 | 10:06 | -0.3 | 10:06 | -0.3 | 6:46 | 6:30 | |
| 4 | Thu | 3:53 | 1.3 | 4:05 | 1.1 | 10:41 | -0.2 | 10:58 | -0.4 | 6:45 | 6:30 | |
| 5 | Fri | 4:44 | 1.2 | 4:41 | 1.2 | 11:16 | -0.1 | 11:53 | -0.4 | 6:44 | 6:31 | |
| 6 | Sat | 5:36 | 1.0 | 5:19 | 1.3 | 11:51 | 0.1 | | | 6:43 | 6:31 | |
| 7 | Sun | 6:32 | 0.8 | 6:01 | 1.2 | 12:53 | -0.4 | 12:28 | 0.2 | 6:42 | 6:32 | |
| 8 | Mon | 7:40 | 0.6 | 6:52 | 1.2 | 1:59 | -0.4 | 1:09 | 0.3 | 6:41 | 6:32 | |
| 9 | Tue | 9:15 | 0.4 | 7:58 | 1.1 | 3:14 | -0.3 | 2:01 | 0.3 | 6:40 | 6:33 | |
| 10 | Wed | 11:07 | 0.4 | 9:25 | 1.1 | 4:35 | -0.2 | 3:15 | 0.4 | 6:39 | 6:33 | |
| 11 | Thu | | | 12:18 | 0.5 | 5:57 | -0.2 | 4:44 | 0.4 | 6:38 | 6:34 | |
| 12 | Fri | | | 1:01 | 0.6 | 7:04 | -0.2 | 6:04 | 0.3 | 6:37 | 6:34 | |
| 13 | Sat | 12:03 | 1.1 | 1:33 | 0.7 | 7:52 | -0.2 | 7:09 | 0.2 | 6:36 | 6:35 | |
| 14 | Sun | 12:57 | 1.1 | 3:00 | 0.8 | 9:27 | -0.1 | 9:00 | 0.2 | 7:35 | 7:35 | |
| 15 | Mon | 2:42 | 1.2 | 3:24 | 0.9 | 9:57 | -0.1 | 9:44 | 0.1 | 7:34 | 7:36 | |
| 16 | Tue | 3:21 | 1.2 | 3:47 | 1.0 | 10:25 | 0.0 | 10:23 | 0.0 | 7:33 | 7:36 | |
| 17 | Wed | 3:57 | 1.1 | 4:10 | 1.0 | 10:52 | 0.0 | 11:00 | -0.1 | 7:32 | 7:36 | |
| 18 | Thu | 4:32 | 1.1 | 4:34 | 1.1 | 11:17 | 0.1 | 11:36 | -0.1 | 7:31 | 7:37 | |
| 19 | Fri | 5:06 | 1.0 | 4:59 | 1.1 | 11:42 | 0.1 | | | 7:30 | 7:37 | |
| 20 | Sat | 5:42 | 0.9 | 5:25 | 1.1 | 12:12 | -0.2 | 12:04 | 0.2 | 7:29 | 7:38 | |
| 21 | Sun | 6:20 | 0.8 | 5:53 | 1.1 | 12:50 | -0.2 | 12:25 | 0.3 | 7:28 | 7:38 | |
| 22 | Mon | 7:02 | 0.7 | 6:24 | 1.1 | 1:32 | -0.2 | 12:45 | 0.3 | 7:27 | 7:39 | |
| 23 | Tue | 7:54 | 0.6 | 7:01 | 1.1 | 2:22 | -0.2 | 1:07 | 0.4 | 7:26 | 7:39 | |
| 24 | Wed | 9:09 | 0.5 | 7:50 | 1.1 | 3:23 | -0.1 | 1:34 | 0.4 | 7:25 | 7:39 | |
| 25 | Thu | 11:05 | 0.5 | 9:02 | 1.1 | 4:36 | -0.1 | 2:23 | 0.5 | 7:24 | 7:40 | |
| 26 | Fri | | | 12:31 | 0.5 | 5:52 | -0.1 | 4:19 | 0.5 | 7:23 | 7:40 | |
| 27 | Sat | | | 1:11 | 0.6 | 6:59 | -0.1 | 6:04 | 0.5 | 7:22 | 7:41 | |
| 28 | Sun | | | 1:42 | 0.7 | 7:53 | -0.1 | 7:20 | 0.3 | 7:21 | 7:41 | |
| 29 | Mon | 1:07 | 1.3 | 2:13 | 0.9 | 8:37 | -0.1 | 8:22 | 0.1 | 7:20 | 7:41 | |
| 30 | Tue | 2:07 | 1.3 | 2:44 | 1.0 | 9:16 | -0.1 | 9:16 | -0.1 | 7:19 | 7:42 | |
| 31 | Wed | 3:02 | 1.4 | 3:16 | 1.2 | 9:52 | 0.0 | 10:08 | -0.3 | 7:18 | 7:42 | |