

Rockland Key, Rockland Channel Bridge, FL - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:09	1.0	8:51	1.0	3:25	0.1	3:48	0.5	6:42	8:19	
2	Thu	9:54	1.1	10:08	0.9	4:09	0.2	5:00	0.3	6:42	8:19	
3	Fri	10:42	1.2	11:32	0.8	4:55	0.3	6:07	0.2	6:42	8:19	
4	Sat	11:31	1.3			5:43	0.3	7:09	0.0	6:43	8:19	
5	Sun	12:50	0.8	12:20	1.4	6:33	0.4	8:07	-0.2	6:43	8:19	
6	Mon	1:56	0.8	1:11	1.5	7:25	0.4	9:02	-0.4	6:43	8:19	
7	Tue	2:54	0.8	2:03	1.6	8:16	0.3	9:53	-0.5	6:44	8:19	
8	Wed	3:47	0.8	2:57	1.7	9:08	0.3	10:43	-0.5	6:44	8:19	
9	Thu	4:35	0.8	3:50	1.7	9:59	0.3	11:32	-0.5	6:45	8:19	
10	Fri	5:21	0.9	4:44	1.7	10:52	0.2			6:45	8:19	
11	Sat	6:06	0.9	5:38	1.6	12:20	-0.4	11:48 AM	0.2	6:46	8:19	
12	Sun	6:51	1.0	6:32	1.4	1:09	-0.2	12:49	0.3	6:46	8:18	
13	Mon	7:36	1.0	7:29	1.3	1:57	-0.1	1:57	0.3	6:46	8:18	
14	Tue	8:24	1.1	8:31	1.1	2:46	0.1	3:10	0.3	6:47	8:18	
15	Wed	9:15	1.2	9:44	0.9	3:34	0.2	4:26	0.3	6:47	8:18	
16	Thu	10:09	1.2	11:07	0.8	4:23	0.3	5:39	0.2	6:48	8:17	
17	Fri	11:04	1.3			5:12	0.4	6:47	0.2	6:48	8:17	
18	Sat	12:27	0.8	11:55 AM	1.3	6:02	0.5	7:47	0.1	6:49	8:17	
19	Sun	1:33	0.7	12:42	1.3	6:52	0.5	8:38	0.0	6:49	8:16	
20	Mon	2:25	0.7	1:26	1.4	7:40	0.5	9:22	0.0	6:50	8:16	
21	Tue	3:06	0.8	2:06	1.4	8:25	0.5	10:00	-0.1	6:50	8:16	
22	Wed	3:42	0.8	2:46	1.4	9:07	0.5	10:36	-0.1	6:51	8:15	
23	Thu	4:14	0.8	3:24	1.4	9:47	0.4	11:10	-0.1	6:51	8:15	
24	Fri	4:46	0.9	4:02	1.4	10:24	0.4	11:43	-0.1	6:51	8:14	
25	Sat	5:18	0.9	4:40	1.4	11:02	0.4			6:52	8:14	
26	Sun	5:51	1.0	5:19	1.4	12:16	0.0	11:41 AM	0.5	6:52	8:13	
27	Mon	6:25	1.0	5:59	1.3	12:49	0.0	12:24	0.5	6:53	8:13	
28	Tue	6:59	1.1	6:42	1.2	1:22	0.1	1:14	0.4	6:53	8:12	
29	Wed	7:36	1.1	7:30	1.1	1:57	0.2	2:11	0.4	6:54	8:12	
30	Thu	8:15	1.2	8:29	1.0	2:35	0.3	3:17	0.4	6:54	8:11	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	9:01	1.2	9:46	0.9	3:17	0.4	4:28	0.3	6:55	8:11	