

Sarasota, FL - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:51	2.0	5:32	1.6			12:15	0.6	6:54	8:18	
2	Mon	5:34	2.1	6:59	1.4			1:33	0.5	6:54	8:18	
3	Tue	6:24	2.2	9:16	1.3	12:31	1.0	2:57	0.4	6:55	8:17	
4	Wed	7:24	2.2	11:20	1.3	1:18	1.2	4:19	0.3	6:55	8:16	
5	Thu	8:32	2.3			2:29	1.3	5:30	0.2	6:56	8:16	
6	Fri	12:21	1.4	9:40 AM	2.3	3:47	1.3	6:26	0.1	6:56	8:15	
7	Sat	12:57	1.5	10:39 AM	2.4	4:55	1.3	7:10	0.1	6:57	8:14	
8	Sun	1:25	1.5	11:29 AM	2.4	5:53	1.2	7:47	0.2	6:57	8:13	
9	Mon	1:49	1.6	12:15	2.4	6:45	1.2	8:19	0.3	6:58	8:12	
10	Tue	2:09	1.6	12:57	2.3	7:33	1.1	8:49	0.4	6:58	8:12	
11	Wed	2:26	1.7	1:39	2.2	8:18	1.0	9:17	0.5	6:59	8:11	
12	Thu	2:45	1.8	2:22	2.1	9:02	0.9	9:44	0.6	6:59	8:10	
13	Fri	3:08	1.8	3:07	2.0	9:48	0.8	10:11	0.7	7:00	8:09	
14	Sat	3:35	1.9	3:55	1.8	10:35	0.7	10:38	0.8	7:00	8:08	
15	Sun	4:07	2.0	4:48	1.7	11:27	0.7	11:03	1.0	7:01	8:07	
16	Mon	4:43	2.0	5:51	1.5			12:28	0.6	7:01	8:06	
17	Tue	5:25	2.0	7:20	1.4			1:38	0.6	7:02	8:05	
18	Wed	6:15	2.0	9:58	1.4			2:55	0.5	7:02	8:05	
19	Thu	7:18	2.1	11:37	1.4	12:30	1.3	4:09	0.5	7:03	8:04	
20	Fri	8:28	2.1			2:31	1.4	5:11	0.4	7:03	8:03	
21	Sat	12:09	1.5	9:34 AM	2.2	3:55	1.4	6:00	0.3	7:04	8:02	
22	Sun	12:33	1.6	10:30 AM	2.3	4:56	1.4	6:42	0.3	7:04	8:01	
23	Mon	12:53	1.6	11:19 AM	2.4	5:48	1.3	7:19	0.3	7:05	8:00	
24	Tue	1:10	1.7	12:06	2.5	6:35	1.1	7:53	0.4	7:05	7:59	
25	Wed	1:26	1.7	12:53	2.4	7:23	1.0	8:27	0.5	7:06	7:58	
26	Thu	1:46	1.8	1:43	2.4	8:11	0.8	9:00	0.6	7:06	7:57	
27	Fri	2:11	2.0	2:35	2.2	9:02	0.7	9:32	0.7	7:07	7:56	
28	Sat	2:42	2.1	3:31	2.0	9:56	0.5	10:03	0.9	7:07	7:54	
29	Sun	3:17	2.2	4:34	1.8	10:55	0.4	10:34	1.1	7:08	7:53	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Mon	3:58	2.3	5:48	1.6			12:01	0.4	7:08	7:52	
31	Tue	4:45	2.3	7:37	1.4			1:16	0.4	7:08	7:51	