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# Seminole Shores, FL - Nov 1976

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 3:14 | 3.5 | 3:36 | 3.5 | 9:33 | 0.9 | 9:59 | 0.7 | 6:31 | 5:37 | |
| 2 | Tue | 4:09 | 3.6 | 4:25 | 3.5 | 10:24 | 0.9 | 10:45 | 0.6 | 6:31 | 5:36 | |
| 3 | Wed | 4:58 | 3.6 | 5:08 | 3.6 | 11:10 | 0.9 | 11:27 | 0.5 | 6:32 | 5:36 | |
| 4 | Thu | 5:41 | 3.7 | 5:48 | 3.6 | 11:51 | 0.8 | | | 6:33 | 5:35 | |
| 5 | Fri | 6:20 | 3.8 | 6:26 | 3.6 | 12:06 | 0.5 | 12:30 | 0.8 | 6:33 | 5:34 | |
| 6 | Sat | 6:58 | 3.8 | 7:03 | 3.6 | 12:43 | 0.4 | 1:07 | 0.8 | 6:34 | 5:34 | |
| 7 | Sun | 7:35 | 3.8 | 7:40 | 3.6 | 1:19 | 0.4 | 1:43 | 0.8 | 6:35 | 5:33 | |
| 8 | Mon | 8:13 | 3.8 | 8:17 | 3.5 | 1:54 | 0.4 | 2:19 | 0.9 | 6:35 | 5:32 | |
| 9 | Tue | 8:51 | 3.7 | 8:56 | 3.4 | 2:28 | 0.5 | 2:54 | 0.9 | 6:36 | 5:32 | |
| 10 | Wed | 9:30 | 3.6 | 9:36 | 3.3 | 3:04 | 0.5 | 3:31 | 1.0 | 6:37 | 5:31 | |
| 11 | Thu | 10:12 | 3.5 | 10:19 | 3.2 | 3:42 | 0.6 | 4:12 | 1.0 | 6:38 | 5:31 | |
| 12 | Fri | 10:56 | 3.4 | 11:08 | 3.2 | 4:24 | 0.7 | 4:58 | 1.0 | 6:38 | 5:30 | |
| 13 | Sat | 11:44 | 3.4 | | | 5:14 | 0.8 | 5:52 | 1.0 | 6:39 | 5:30 | |
| 14 | Sun | 12:03 | 3.2 | 12:36 | 3.3 | 6:13 | 0.8 | 6:53 | 0.9 | 6:40 | 5:29 | |
| 15 | Mon | 1:04 | 3.2 | 1:33 | 3.3 | 7:18 | 0.8 | 7:55 | 0.7 | 6:41 | 5:29 | |
| 16 | Tue | 2:09 | 3.3 | 2:31 | 3.4 | 8:24 | 0.8 | 8:56 | 0.5 | 6:41 | 5:29 | |
| 17 | Wed | 3:13 | 3.5 | 3:30 | 3.5 | 9:26 | 0.7 | 9:52 | 0.2 | 6:42 | 5:28 | |
| 18 | Thu | 4:14 | 3.8 | 4:27 | 3.7 | 10:23 | 0.5 | 10:47 | -0.1 | 6:43 | 5:28 | |
| 19 | Fri | 5:11 | 4.0 | 5:22 | 3.9 | 11:18 | 0.3 | 11:39 | -0.3 | 6:44 | 5:28 | |
| 20 | Sat | 6:05 | 4.2 | 6:15 | 4.0 | | | 12:11 | 0.2 | 6:44 | 5:27 | |
| 21 | Sun | 6:58 | 4.3 | 7:08 | 4.0 | 12:31 | -0.5 | 1:02 | 0.1 | 6:45 | 5:27 | |
| 22 | Mon | 7:49 | 4.3 | 8:00 | 4.0 | 1:23 | -0.5 | 1:54 | 0.1 | 6:46 | 5:27 | |
| 23 | Tue | 8:40 | 4.3 | 8:53 | 3.9 | 2:15 | -0.5 | 2:46 | 0.1 | 6:47 | 5:27 | |
| 24 | Wed | 9:31 | 4.1 | 9:46 | 3.8 | 3:07 | -0.3 | 3:40 | 0.2 | 6:48 | 5:26 | |
| 25 | Thu | 10:22 | 3.9 | 10:41 | 3.6 | 4:02 | -0.1 | 4:36 | 0.3 | 6:48 | 5:26 | |
| 26 | Fri | 11:15 | 3.7 | 11:37 | 3.4 | 4:58 | 0.2 | 5:35 | 0.5 | 6:49 | 5:26 | |
| 27 | Sat | | | 12:08 | 3.5 | 5:58 | 0.4 | 6:35 | 0.5 | 6:50 | 5:26 | |
| 28 | Sun | 12:37 | 3.3 | 1:03 | 3.3 | 7:00 | 0.6 | 7:35 | 0.6 | 6:51 | 5:26 | |
| 29 | Mon | 1:37 | 3.1 | 1:58 | 3.2 | 8:01 | 0.7 | 8:32 | 0.5 | 6:51 | 5:26 | |
| 30 | Tue | 2:38 | 3.1 | 2:52 | 3.1 | 8:58 | 0.8 | 9:24 | 0.5 | 6:52 | 5:26 | |