

Stuart, FL - Mar 2019

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 7:15 | 0.8 | 7:22 | 0.7 | 1:47 | 0.0 | 2:20 | 0.3 | 6:45 | 6:21 | ☾ |
| 2 | Sat | 8:08 | 0.8 | 8:15 | 0.8 | 2:41 | 0.0 | 3:11 | 0.2 | 6:44 | 6:22 | ☾ |
| 3 | Sun | 8:54 | 0.8 | 9:01 | 0.8 | 3:30 | -0.1 | 3:56 | 0.2 | 6:43 | 6:22 | ☾ |
| 4 | Mon | 9:34 | 0.9 | 9:43 | 0.8 | 4:13 | -0.1 | 4:37 | 0.1 | 6:42 | 6:23 | ☾ |
| 5 | Tue | 10:11 | 0.9 | 10:22 | 0.9 | 4:53 | -0.1 | 5:15 | 0.0 | 6:40 | 6:24 | ☾ |
| 6 | Wed | 10:46 | 0.9 | 11:00 | 0.9 | 5:30 | -0.1 | 5:50 | -0.1 | 6:39 | 6:24 | ☾ |
| 7 | Thu | 11:21 | 0.9 | 11:38 | 0.9 | 6:05 | -0.1 | 6:23 | -0.1 | 6:38 | 6:25 | ☾ |
| 8 | Fri | 11:55 | 0.9 | | | 6:39 | -0.1 | 6:56 | -0.1 | 6:37 | 6:25 | ☾ |
| 9 | Sat | 12:15 | 0.9 | 12:29 | 0.9 | 7:12 | -0.1 | 7:29 | -0.1 | 6:36 | 6:26 | ☾ |
| 10 | Sun | 12:53 | 0.9 | 2:04 | 0.9 | 8:48 | 0.0 | 9:05 | -0.1 | 7:35 | 7:26 | ☾ |
| 11 | Mon | 2:34 | 0.9 | 2:41 | 0.8 | 9:26 | 0.1 | 9:45 | -0.1 | 7:34 | 7:27 | ☾ |
| 12 | Tue | 3:18 | 0.9 | 3:22 | 0.8 | 10:11 | 0.2 | 10:33 | -0.1 | 7:33 | 7:27 | ☾ |
| 13 | Wed | 4:08 | 0.8 | 4:11 | 0.8 | 11:04 | 0.2 | 11:31 | -0.1 | 7:32 | 7:28 | ☾ |
| 14 | Thu | 5:08 | 0.8 | 5:13 | 0.8 | | | 12:08 | 0.3 | 7:31 | 7:29 | ☾ |
| 15 | Fri | 6:16 | 0.8 | 6:24 | 0.8 | 12:38 | -0.1 | 1:18 | 0.3 | 7:30 | 7:29 | ☾ |
| 16 | Sat | 7:26 | 0.9 | 7:38 | 0.8 | 1:49 | -0.1 | 2:27 | 0.2 | 7:29 | 7:30 | ☾ |
| 17 | Sun | 8:30 | 0.9 | 8:46 | 0.9 | 2:56 | -0.2 | 3:30 | 0.0 | 7:28 | 7:30 | ☾ |
| 18 | Mon | 9:28 | 1.0 | 9:47 | 1.0 | 3:57 | -0.3 | 4:28 | -0.2 | 7:27 | 7:31 | ☾ |
| 19 | Tue | 10:21 | 1.1 | 10:42 | 1.1 | 4:54 | -0.4 | 5:21 | -0.3 | 7:25 | 7:31 | ☾ |
| 20 | Wed | 11:10 | 1.1 | 11:34 | 1.1 | 5:47 | -0.5 | 6:12 | -0.5 | 7:24 | 7:32 | ☾ |
| 21 | Thu | 11:57 | 1.1 | | | 6:38 | -0.5 | 7:01 | -0.6 | 7:23 | 7:32 | ☾ |
| 22 | Fri | 12:24 | 1.2 | 12:43 | 1.1 | 7:27 | -0.5 | 7:49 | -0.6 | 7:22 | 7:33 | ☾ |
| 23 | Sat | 1:12 | 1.2 | 1:28 | 1.1 | 8:15 | -0.4 | 8:37 | -0.5 | 7:21 | 7:33 | ☾ |
| 24 | Sun | 2:00 | 1.1 | 2:13 | 1.0 | 9:04 | -0.2 | 9:26 | -0.4 | 7:20 | 7:34 | ☾ |
| 25 | Mon | 2:49 | 1.0 | 3:00 | 1.0 | 9:55 | 0.0 | 10:17 | -0.2 | 7:19 | 7:34 | ☾ |
| 26 | Tue | 3:39 | 1.0 | 3:49 | 0.9 | 10:48 | 0.1 | 11:11 | -0.1 | 7:18 | 7:35 | ☾ |
| 27 | Wed | 4:32 | 0.9 | 4:41 | 0.8 | 11:45 | 0.3 | | | 7:17 | 7:35 | ☾ |
| 28 | Thu | 5:30 | 0.8 | 5:41 | 0.8 | 12:10 | 0.1 | 12:47 | 0.4 | 7:15 | 7:36 | ☾ |
| 29 | Fri | 6:32 | 0.8 | 6:44 | 0.7 | 1:13 | 0.2 | 1:49 | 0.4 | 7:14 | 7:36 | ☾ |
| 30 | Sat | 7:34 | 0.8 | 7:47 | 0.8 | 2:14 | 0.2 | 2:48 | 0.4 | 7:13 | 7:37 | ☾ |
| 31 | Sun | 8:29 | 0.8 | 8:43 | 0.8 | 3:10 | 0.2 | 3:40 | 0.3 | 7:12 | 7:37 | ☾ |