

Sugarloaf Key, Bow Channel, FL - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:11	1.7	4:46	2.2	12:05	-0.1	11:46 AM	0.3	6:40	8:19	
2	Fri	5:52	1.8	5:37	2.0	12:46	-0.1	12:46	0.2	6:41	8:19	
3	Sat	6:36	1.9	6:37	1.8	1:30	0.0	1:55	0.2	6:41	8:19	
4	Sun	7:24	2.0	7:48	1.5	2:16	0.1	3:09	0.2	6:41	8:19	
5	Mon	8:17	2.1	9:14	1.3	3:06	0.2	4:24	0.1	6:42	8:19	
6	Tue	9:15	2.2	10:40	1.2	3:59	0.2	5:35	0.0	6:42	8:19	
7	Wed	10:15	2.4	11:53	1.2	4:55	0.3	6:41	-0.1	6:43	8:19	
8	Thu	11:13	2.5			5:53	0.3	7:40	-0.2	6:43	8:19	
9	Fri	12:53	1.3	12:08	2.6	6:50	0.3	8:33	-0.2	6:43	8:18	
10	Sat	1:44	1.3	1:01	2.7	7:46	0.2	9:20	-0.3	6:44	8:18	
11	Sun	2:28	1.4	1:51	2.7	8:39	0.2	10:03	-0.2	6:44	8:18	
12	Mon	3:09	1.5	2:38	2.6	9:29	0.2	10:44	-0.2	6:45	8:18	
13	Tue	3:47	1.6	3:22	2.5	10:19	0.2	11:24	-0.1	6:45	8:18	
14	Wed	4:24	1.7	4:05	2.3	11:09	0.2			6:46	8:18	
15	Thu	4:59	1.8	4:47	2.1	12:03	0.0	12:01	0.3	6:46	8:17	
16	Fri	5:35	1.8	5:29	1.9	12:42	0.1	12:57	0.3	6:46	8:17	
17	Sat	6:12	1.9	6:14	1.7	1:21	0.1	1:58	0.3	6:47	8:17	
18	Sun	6:52	1.9	7:06	1.4	2:01	0.2	3:03	0.3	6:47	8:16	
19	Mon	7:37	1.9	8:13	1.3	2:43	0.3	4:09	0.3	6:48	8:16	
20	Tue	8:28	2.0	9:38	1.1	3:26	0.4	5:15	0.2	6:48	8:16	
21	Wed	9:23	2.0	10:59	1.1	4:14	0.4	6:15	0.2	6:49	8:15	
22	Thu	10:17	2.1			5:04	0.4	7:09	0.1	6:49	8:15	
23	Fri	12:01	1.2	11:09 AM	2.2	5:56	0.4	7:54	0.0	6:50	8:15	
24	Sat	12:48	1.2	11:58 AM	2.4	6:47	0.4	8:34	0.0	6:50	8:14	
25	Sun	1:29	1.4	12:45	2.5	7:35	0.4	9:11	-0.1	6:51	8:14	
26	Mon	2:07	1.5	1:31	2.6	8:22	0.3	9:46	-0.1	6:51	8:13	
27	Tue	2:44	1.6	2:17	2.6	9:08	0.3	10:22	-0.1	6:52	8:13	
28	Wed	3:20	1.8	3:03	2.6	9:56	0.2	10:58	-0.1	6:52	8:12	
29	Thu	3:57	1.9	3:50	2.5	10:45	0.2	11:35	0.0	6:53	8:12	
30	Fri	4:35	2.1	4:39	2.3	11:38	0.2			6:53	8:11	
31	Sat	5:15	2.2	5:31	2.1	12:14	0.1	12:37	0.2	6:53	8:11	