

Sugarloaf Key, Bow Channel, FL - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:59	2.3	6:29	1.8	12:56	0.2	1:42	0.1	6:54	8:10	
2	Mon	6:48	2.3	7:40	1.5	1:41	0.3	2:54	0.1	6:54	8:09	
3	Tue	7:45	2.4	9:07	1.3	2:31	0.3	4:09	0.1	6:55	8:09	
4	Wed	8:51	2.4	10:36	1.3	3:29	0.4	5:23	0.1	6:55	8:08	
5	Thu	10:00	2.5	11:46	1.3	4:32	0.4	6:32	0.0	6:56	8:07	
6	Fri	11:05	2.6			5:38	0.4	7:31	0.0	6:56	8:07	
7	Sat	12:41	1.4	12:03	2.7	6:42	0.4	8:20	0.0	6:57	8:06	
8	Sun	1:25	1.6	12:55	2.7	7:40	0.3	9:03	0.0	6:57	8:05	
9	Mon	2:04	1.7	1:43	2.7	8:33	0.3	9:41	0.0	6:58	8:05	
10	Tue	2:39	1.9	2:26	2.6	9:21	0.3	10:16	0.1	6:58	8:04	
11	Wed	3:12	2.0	3:07	2.5	10:08	0.3	10:51	0.1	6:58	8:03	
12	Thu	3:43	2.1	3:45	2.4	10:53	0.3	11:25	0.2	6:59	8:02	
13	Fri	4:15	2.2	4:23	2.2	11:38	0.3	11:59	0.3	6:59	8:02	
14	Sat	4:46	2.2	5:01	2.0			12:25	0.3	7:00	8:01	
15	Sun	5:20	2.2	5:42	1.8	12:33	0.3	1:16	0.3	7:00	8:00	
16	Mon	5:57	2.2	6:29	1.6	1:06	0.4	2:14	0.4	7:01	7:59	
17	Tue	6:40	2.2	7:29	1.5	1:41	0.5	3:18	0.4	7:01	7:58	
18	Wed	7:31	2.2	8:52	1.4	2:21	0.6	4:26	0.4	7:01	7:57	
19	Thu	8:32	2.2	10:21	1.4	3:13	0.6	5:32	0.3	7:02	7:57	
20	Fri	9:38	2.3	11:26	1.4	4:17	0.6	6:31	0.3	7:02	7:56	
21	Sat	10:40	2.4			5:23	0.6	7:19	0.2	7:03	7:55	
22	Sun	12:13	1.6	11:36 AM	2.6	6:24	0.6	8:01	0.2	7:03	7:54	
23	Mon	12:52	1.7	12:27	2.7	7:18	0.5	8:38	0.2	7:03	7:53	
24	Tue	1:28	1.9	1:16	2.8	8:08	0.4	9:14	0.1	7:04	7:52	
25	Wed	2:04	2.1	2:05	2.8	8:57	0.3	9:49	0.2	7:04	7:51	
26	Thu	2:41	2.3	2:53	2.8	9:46	0.2	10:25	0.2	7:05	7:50	
27	Fri	3:18	2.5	3:42	2.7	10:35	0.1	11:02	0.2	7:05	7:49	
28	Sat	3:57	2.6	4:32	2.4	11:28	0.1	11:41	0.3	7:05	7:48	
29	Sun	4:39	2.7	5:24	2.2			12:24	0.1	7:06	7:47	
30	Mon	5:25	2.8	6:23	1.9	12:22	0.4	1:27	0.2	7:06	7:46	
31	Tue	6:17	2.7	7:34	1.7	1:08	0.5	2:37	0.2	7:06	7:45	