





















Sugarloaf Key, Bow Channel, FL - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:36	2.2	4:37	1.6	11:39	-0.1	11:29	0.2	7:10	5:49	
2	Tue	4:26	2.0	5:15	1.7			12:19	0.0	7:10	5:49	
3	Wed	5:24	1.7	5:56	1.8	12:36	0.2	1:00	0.1	7:11	5:50	
4	Thu	6:36	1.4	6:45	1.9	1:51	0.1	1:45	0.2	7:11	5:51	
5	Fri	8:07	1.1	7:42	2.0	3:09	0.0	2:35	0.3	7:11	5:51	
6	Sat	9:43	1.0	8:47	2.1	4:26	-0.1	3:31	0.3	7:11	5:52	
7	Sun	11:02	1.0	9:51	2.2	5:37	-0.3	4:31	0.3	7:11	5:53	
8	Mon			12:02	1.0	6:40	-0.4	5:33	0.3	7:12	5:53	
9	Tue			12:50	1.0	7:35	-0.4	6:32	0.2	7:12	5:54	
10	Wed			1:32	1.1	8:24	-0.4	7:27	0.1	7:12	5:55	
11	Thu	12:43	2.5	2:09	1.2	9:07	-0.4	8:20	0.1	7:12	5:56	
12	Fri	1:32	2.4	2:44	1.3	9:47	-0.4	9:11	0.0	7:12	5:56	
13	Sat	2:19	2.3	3:18	1.4	10:25	-0.3	10:01	0.0	7:12	5:57	
14	Sun	3:03	2.2	3:51	1.5	11:02	-0.2	10:53	0.0	7:12	5:58	
15	Mon	3:45	1.9	4:23	1.6	11:39	-0.1	11:48	0.1	7:12	5:58	
16	Tue	4:28	1.7	4:56	1.6			12:15	0.0	7:12	5:59	
17	Wed	5:13	1.4	5:33	1.6	12:47	0.1	12:50	0.1	7:12	6:00	
18	Thu	6:06	1.1	6:14	1.6	1:52	0.1	1:27	0.2	7:12	6:01	
19	Fri	7:20	0.8	7:04	1.6	3:00	0.0	2:06	0.3	7:12	6:01	
20	Sat	9:13	0.7	8:03	1.6	4:10	0.0	2:53	0.3	7:11	6:02	
21	Sun	10:53	0.7	9:05	1.7	5:18	-0.1	3:51	0.3	7:11	6:03	
22	Mon	11:46	0.7	10:04	1.8	6:17	-0.2	4:52	0.3	7:11	6:04	
23	Tue			12:21	0.8	7:05	-0.2	5:48	0.3	7:11	6:04	
24	Wed			12:50	0.9	7:45	-0.3	6:38	0.2	7:11	6:05	
25	Thu			1:19	1.0	8:20	-0.3	7:23	0.2	7:10	6:06	
26	Fri	12:30	2.2	1:49	1.1	8:53	-0.4	8:08	0.1	7:10	6:07	
27	Sat	1:15	2.2	2:20	1.3	9:25	-0.3	8:52	0.0	7:10	6:07	
28	Sun	1:59	2.2	2:51	1.4	9:57	-0.3	9:39	-0.1	7:09	6:08	
29	Mon	2:44	2.1	3:22	1.6	10:30	-0.2	10:29	-0.1	7:09	6:09	
30	Tue	3:31	1.9	3:55	1.7	11:04	-0.1	11:24	-0.2	7:09	6:10	
31	Wed	4:20	1.6	4:31	1.8	11:38	0.0			7:08	6:10	