












Sugarloaf Key, Bow Channel, FL - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:10	1.3	3:49	2.0	10:55	0.1			6:48	6:28	
2	Mon	5:02	1.1	4:28	2.0	12:07	-0.3	11:27 AM	0.1	6:47	6:29	
3	Tue	6:09	0.8	5:18	1.9	1:11	-0.3	12:05	0.2	6:46	6:29	
4	Wed	7:46	0.7	6:28	1.9	2:26	-0.2	12:58	0.2	6:45	6:30	
5	Thu	9:30	0.7	8:01	1.9	3:47	-0.2	2:21	0.3	6:44	6:30	
6	Fri	10:35	0.8	9:29	2.0	5:04	-0.2	3:57	0.3	6:43	6:31	
7	Sat	11:19	1.0	10:41	2.1	6:07	-0.2	5:19	0.2	6:42	6:31	
8	Sun			12:55	1.3	7:57	-0.2	7:27	0.1	7:41	7:32	
9	Mon	12:42	2.2	1:29	1.5	8:37	-0.2	8:25	-0.1	7:40	7:32	
10	Tue	1:35	2.2	2:01	1.8	9:14	-0.1	9:16	-0.2	7:39	7:33	
11	Wed	2:24	2.1	2:34	1.9	9:48	-0.1	10:04	-0.3	7:38	7:33	
12	Thu	3:09	2.0	3:06	2.1	10:21	0.0	10:51	-0.3	7:37	7:33	
13	Fri	3:52	1.8	3:38	2.1	10:53	0.0	11:37	-0.3	7:36	7:34	
14	Sat	4:33	1.5	4:11	2.1	11:25	0.1			7:35	7:34	
15	Sun	5:14	1.3	4:45	2.0	12:24	-0.3	11:56 AM	0.2	7:34	7:35	
16	Mon	5:58	1.0	5:24	1.9	1:15	-0.2	12:27	0.2	7:33	7:35	
17	Tue	6:51	0.8	6:08	1.8	2:12	-0.1	12:58	0.3	7:32	7:36	
18	Wed	8:16	0.7	7:06	1.7	3:19	0.0	1:38	0.4	7:31	7:36	
19	Thu	10:48	0.8	8:23	1.6	4:32	0.0	3:10	0.4	7:30	7:37	
20	Fri	11:38	0.9	9:48	1.6	5:43	0.0	4:52	0.4	7:29	7:37	
21	Sat			12:00	1.0	6:41	0.0	6:07	0.4	7:28	7:37	
22	Sun			12:21	1.2	7:24	0.0	7:04	0.3	7:27	7:38	
23	Mon			12:44	1.4	7:58	0.0	7:50	0.2	7:26	7:38	
24	Tue	12:39	1.9	1:08	1.6	8:27	0.1	8:31	0.1	7:25	7:39	
25	Wed	1:24	1.9	1:35	1.8	8:54	0.1	9:09	-0.1	7:24	7:39	
26	Thu	2:07	1.9	2:04	2.0	9:21	0.1	9:49	-0.2	7:23	7:40	
27	Fri	2:50	1.8	2:34	2.1	9:49	0.1	10:29	-0.3	7:22	7:40	
28	Sat	3:35	1.7	3:06	2.2	10:17	0.1	11:13	-0.4	7:21	7:40	
29	Sun	4:20	1.5	3:42	2.3	10:48	0.2			7:20	7:41	
30	Mon	5:10	1.3	4:22	2.3	12:02	-0.4	11:21 AM	0.2	7:19	7:41	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	6:05	1.1	5:09	2.3	12:57	-0.3	11:59 AM	0.3	7:18	7:42	