





























Sugarloaf Key, Bow Channel, FL - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:33	1.1	7:12	-0.4	6:09	0.3	7:10	5:49	
2	Fri			1:20	1.1	8:05	-0.5	7:04	0.2	7:10	5:49	
3	Sat	12:19	2.6	2:03	1.1	8:54	-0.5	7:58	0.1	7:11	5:50	
4	Sun	1:13	2.7	2:43	1.2	9:40	-0.4	8:51	0.1	7:11	5:51	
5	Mon	2:06	2.6	3:21	1.3	10:24	-0.4	9:45	0.1	7:11	5:51	
6	Tue	2:56	2.4	3:58	1.4	11:06	-0.2	10:41	0.1	7:11	5:52	
7	Wed	3:45	2.2	4:35	1.5	11:47	-0.1	11:42	0.1	7:11	5:53	
8	Thu	4:34	1.9	5:13	1.6			12:28	0.0	7:12	5:53	
9	Fri	5:25	1.6	5:53	1.7	12:47	0.1	1:08	0.1	7:12	5:54	
10	Sat	6:25	1.3	6:37	1.7	1:58	0.1	1:50	0.2	7:12	5:55	
11	Sun	7:46	1.0	7:27	1.7	3:09	0.1	2:34	0.3	7:12	5:56	
12	Mon	9:31	0.8	8:22	1.7	4:20	0.0	3:22	0.3	7:12	5:56	
13	Tue	10:58	0.8	9:19	1.8	5:26	-0.1	4:15	0.3	7:12	5:57	
14	Wed	11:54	0.8	10:12	1.8	6:24	-0.1	5:09	0.3	7:12	5:58	
15	Thu			12:32	0.8	7:12	-0.2	6:00	0.3	7:12	5:59	
16	Fri			1:02	0.9	7:52	-0.3	6:45	0.3	7:12	5:59	
17	Sat			1:30	1.0	8:28	-0.3	7:26	0.2	7:12	6:00	
18	Sun	12:29	2.1	1:59	1.1	9:00	-0.3	8:06	0.2	7:12	6:01	
19	Mon	1:10	2.2	2:28	1.2	9:32	-0.3	8:46	0.1	7:11	6:02	
20	Tue	1:51	2.2	2:57	1.3	10:02	-0.3	9:27	0.1	7:11	6:02	
21	Wed	2:32	2.1	3:27	1.4	10:33	-0.2	10:13	0.1	7:11	6:03	
22	Thu	3:15	2.0	3:58	1.5	11:05	-0.1	11:03	0.0	7:11	6:04	
23	Fri	4:00	1.8	4:30	1.6	11:38	-0.1			7:11	6:05	
24	Sat	4:50	1.5	5:05	1.7	12:01	0.0	12:12	0.0	7:10	6:05	
25	Sun	5:51	1.2	5:46	1.8	1:07	-0.1	12:50	0.1	7:10	6:06	
26	Mon	7:14	0.9	6:40	1.8	2:21	-0.2	1:33	0.2	7:10	6:07	
27	Tue	9:01	0.7	7:49	1.9	3:39	-0.2	2:28	0.2	7:10	6:07	
28	Wed	10:36	0.7	9:07	2.0	4:58	-0.3	3:36	0.2	7:09	6:08	
29	Thu	11:39	0.7	10:19	2.1	6:10	-0.4	4:50	0.2	7:09	6:09	
30	Fri			12:26	0.8	7:10	-0.5	6:00	0.2	7:08	6:10	
31	Sat			1:05	0.9	7:59	-0.5	7:02	0.1	7:08	6:10	