US HARBORS www.USHarbors.com

Sugarloaf Key, Bow Channel, FL - Jun 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:34	1.2	2:23	2.3	9:25	0.4	11:02	-0.2	6:36	8:11	
2	Tue	4:11	1.2	3:01	2.3	9:57	0.4	11:41	-0.2	6:36	8:11	
3	Wed	4:49	1.2	3:40	2.3	10:31	0.4			6:36	8:12	
4	Thu	5:28	1.2	4:22	2.2	12:21	-0.2	11:09 AM	0.4	6:36	8:12	
5	Fri	6:08	1.3	5:06	2.1	1:02	-0.1	11:57 AM	0.5	6:36	8:13	
6	Sat	6:50	1.4	5:56	2.0	1:45	0.0	1:00	0.5	6:36	8:13	
7	Sun	7:32	1.5	6:55	1.8	2:28	0.1	2:18	0.5	6:36	8:13	
8	Mon	8:14	1.6	8:07	1.6	3:11	0.2	3:38	0.4	6:36	8:14	
9	Tue	8:57	1.8	9:30	1.5	3:54	0.2	4:51	0.2	6:36	8:14	
10	Wed	9:39	2.0	10:51	1.4	4:37	0.3	5:57	0.1	6:36	8:15	
11	Thu	10:24	2.2			5:22	0.3	6:57	-0.1	6:36	8:15	
12	Fri	12:04	1.3	11:11 AM	2.4	6:09	0.3	7:53	-0.3	6:36	8:15	
13	Sat	1:08	1.2	12:01	2.6	6:56	0.3	8:47	-0.4	6:36	8:16	
14	Sun	2:05	1.2	12:54	2.8	7:45	0.3	9:39	-0.5	6:36	8:16	
15	Mon	2:57	1.2	1:49	2.8	8:35	0.3	10:31	-0.5	6:36	8:16	
16	Tue	3:46	1.2	2:45	2.8	9:27	0.2	11:22	-0.4	6:37	8:16	
17	Wed	4:31	1.2	3:41	2.7	10:22	0.2			6:37	8:17	
18	Thu	5:16	1.3	4:37	2.6	12:12	-0.3	11:21 AM	0.3	6:37	8:17	
19	Fri	6:01	1.5	5:34	2.3	1:02	-0.2	12:28	0.3	6:37	8:17	
20	Sat	6:47	1.6	6:34	2.0	1:51	0.0	1:44	0.3	6:37	8:18	
21	Sun	7:34	1.8	7:42	1.7	2:37	0.1	3:04	0.3	6:37	8:18	
22	Mon	8:22	1.9	9:01	1.4	3:22	0.2	4:20	0.2	6:38	8:18	
23	Tue	9:11	2.0	10:26	1.3	4:06	0.3	5:31	0.1	6:38	8:18	
24	Wed	9:57	2.1	11:42	1.1	4:50	0.4	6:34	0.1	6:38	8:18	
25	Thu	10:42	2.2			5:34	0.4	7:29	0.0	6:38	8:18	
26	Fri	12:44	1.1	11:25 AM	2.2	6:19	0.4	8:16	-0.1	6:39	8:19	
27	Sat	1:33	1.1	12:07	2.3	7:03	0.4	8:57	-0.2	6:39	8:19	
28	Sun	2:13	1.1	12:48	2.3	7:45	0.4	9:35	-0.2	6:39	8:19	
29	Mon	2:47	1.1	1:28	2.3	8:25	0.4	10:11	-0.2	6:40	8:19	
30	Tue	3:19	1.2	2:08	2.4	9:03	0.4	10:46	-0.2	6:40	8:19	