US HARBORS www.USHarbors.com

Sugarloaf Key, Bow Channel, FL - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			12:02	1.2	6:59	-0.2	6:35	0.1	6:48	6:28	
2	Sat			12:36	1.4	7:39	-0.2	7:29	0.0	6:47	6:29	
3	Sun	12:35	2.1	1:07	1.6	8:14	-0.1	8:16	-0.1	6:46	6:29	
4	Mon	1:18	2.0	1:36	1.7	8:47	-0.1	9:00	-0.2	6:45	6:30	
5	Tue	1:58	1.9	2:05	1.9	9:18	-0.1	9:41	-0.2	6:44	6:30	
6	Wed	2:35	1.7	2:33	1.9	9:49	0.0	10:22	-0.2	6:43	6:31	
7	Thu	3:11	1.6	3:03	1.9	10:20	0.0	11:04	-0.2	6:42	6:31	
8	Fri	3:48	1.4	3:34	1.9	10:49	0.1	11:49	-0.2	6:41	6:32	
9	Sat	4:26	1.2	4:07	1.8	11:17	0.2			6:40	6:32	
10	Sun	6:10	1.0	5:46	1.7	12:39	-0.1	12:44	0.2	7:39	7:32	
11	Mon	7:06	0.8	6:34	1.7	2:37	-0.1	1:14	0.3	7:38	7:33	
12	Tue	8:30	0.8	7:37	1.6	3:45	0.0	2:04	0.3	7:37	7:33	
13	Wed	10:10	0.8	8:56	1.6	4:56	0.0	3:36	0.4	7:36	7:34	
14	Thu	11:12	0.9	10:14	1.7	6:00	0.0	5:07	0.4	7:35	7:34	
15	Fri	11:50	1.1	11:19	1.8	6:52	0.0	6:17	0.3	7:34	7:35	
16	Sat			12:23	1.3	7:33	0.0	7:13	0.2	7:33	7:35	
17	Sun	12:14	1.9	12:56	1.5	8:09	0.0	8:03	0.0	7:32	7:36	
18	Mon	1:05	2.0	1:28	1.8	8:42	0.0	8:49	-0.1	7:31	7:36	
19	Tue	1:54	2.0	2:02	2.0	9:16	0.0	9:35	-0.3	7:30	7:37	
20	Wed	2:42	2.0	2:37	2.2	9:49	0.0	10:22	-0.4	7:29	7:37	
21	Thu	3:30	1.8	3:15	2.3	10:24	0.0	11:11	-0.4	7:28	7:37	
22	Fri	4:18	1.6	3:55	2.3	11:00	0.1			7:27	7:38	
23	Sat	5:09	1.4	4:39	2.3	12:03	-0.4	11:38 AM	0.1	7:26	7:38	
24	Sun	6:06	1.2	5:30	2.3	1:00	-0.4	12:22	0.2	7:25	7:39	
25	Mon	7:13	1.0	6:30	2.1	2:05	-0.3	1:15	0.3	7:24	7:39	
26	Tue	8:37	0.9	7:47	2.0	3:17	-0.2	2:28	0.3	7:23	7:40	
27	Wed	10:01	1.0	9:16	1.9	4:31	-0.1	3:56	0.3	7:22	7:40	
28	Thu	11:03	1.2	10:37	1.9	5:40	0.0	5:22	0.3	7:21	7:40	
29	Fri	11:49	1.4	11:44	1.9	6:38	0.0	6:35	0.2	7:20	7:41	
30	Sat			12:26	1.6	7:24	0.1	7:34	0.1	7:19	7:41	
31	Sun	12:38	1.9	12:59	1.8	8:02	0.1	8:24	0.0	7:18	7:42	