



## Sugarloaf Key, Bow Channel, FL - Jul 2030

| Date |     | High  |     |          |     | Low   |     |       |      |  |      |  |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|---|------|---|
|      |     | AM    | ft  | PM       | ft  | AM    | ft  | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Mon | 3:08  | 1.3 | 2:17     | 2.4 | 9:13  | 0.3 | 10:43 | -0.2 | 6:40  | 8:19 | ☀   |
| 2    | Tue | 3:42  | 1.4 | 2:57     | 2.4 | 9:52  | 0.3 | 11:16 | -0.1 | 6:41  | 8:19 | ☀   |
| 3    | Wed | 4:16  | 1.5 | 3:38     | 2.3 | 10:34 | 0.3 | 11:49 | -0.1 | 6:41  | 8:19 | ☀   |
| 4    | Thu | 4:51  | 1.6 | 4:19     | 2.2 | 11:20 | 0.3 |       |      | 6:41  | 8:19 | ☀   |
| 5    | Fri | 5:26  | 1.7 | 5:04     | 2.1 | 12:23 | 0.0 | 12:12 | 0.3  | 6:42  | 8:19 | ☀   |
| 6    | Sat | 6:03  | 1.8 | 5:54     | 1.8 | 12:59 | 0.0 | 1:12  | 0.3  | 6:42  | 8:19 | ☀   |
| 7    | Sun | 6:43  | 1.9 | 6:53     | 1.6 | 1:38  | 0.1 | 2:20  | 0.2  | 6:43  | 8:19 | ☀   |
| 8    | Mon | 7:28  | 2.0 | 8:09     | 1.3 | 2:20  | 0.2 | 3:33  | 0.1  | 6:43  | 8:19 | ☀   |
| 9    | Tue | 8:20  | 2.2 | 9:40     | 1.2 | 3:07  | 0.3 | 4:45  | 0.0  | 6:43  | 8:19 | ☀   |
| 10   | Wed | 9:18  | 2.3 | 11:06    | 1.1 | 4:00  | 0.3 | 5:56  | -0.1 | 6:44  | 8:18 | ☀   |
| 11   | Thu | 10:20 | 2.5 |          |     | 4:58  | 0.3 | 7:00  | -0.2 | 6:44  | 8:18 | ☀   |
| 12   | Fri | 12:16 | 1.1 | 11:21 AM | 2.6 | 5:59  | 0.3 | 7:59  | -0.3 | 6:45  | 8:18 | ☀   |
| 13   | Sat | 1:13  | 1.2 | 12:20    | 2.7 | 7:00  | 0.3 | 8:51  | -0.3 | 6:45  | 8:18 | ☀   |
| 14   | Sun | 2:01  | 1.3 | 1:17     | 2.8 | 7:59  | 0.2 | 9:38  | -0.3 | 6:46  | 8:18 | ☀   |
| 15   | Mon | 2:44  | 1.4 | 2:10     | 2.8 | 8:55  | 0.2 | 10:22 | -0.2 | 6:46  | 8:17 | ☀   |
| 16   | Tue | 3:24  | 1.6 | 3:02     | 2.7 | 9:50  | 0.2 | 11:04 | -0.2 | 6:47  | 8:17 | ☀   |
| 17   | Wed | 4:03  | 1.7 | 3:51     | 2.6 | 10:45 | 0.2 | 11:44 | -0.1 | 6:47  | 8:17 | ☀   |
| 18   | Thu | 4:41  | 1.9 | 4:38     | 2.3 | 11:41 | 0.2 |       |      | 6:47  | 8:17 | ☀   |
| 19   | Fri | 5:19  | 2.0 | 5:25     | 2.0 | 12:24 | 0.0 | 12:40 | 0.2  | 6:48  | 8:16 | ☀   |
| 20   | Sat | 5:58  | 2.0 | 6:14     | 1.7 | 1:05  | 0.1 | 1:43  | 0.2  | 6:48  | 8:16 | ☀   |
| 21   | Sun | 6:40  | 2.1 | 7:09     | 1.5 | 1:45  | 0.2 | 2:50  | 0.2  | 6:49  | 8:16 | ☀   |
| 22   | Mon | 7:25  | 2.1 | 8:18     | 1.2 | 2:28  | 0.3 | 3:59  | 0.2  | 6:49  | 8:15 | ☀   |
| 23   | Tue | 8:17  | 2.1 | 9:50     | 1.1 | 3:13  | 0.4 | 5:07  | 0.2  | 6:50  | 8:15 | ☀   |
| 24   | Wed | 9:14  | 2.1 | 11:17    | 1.1 | 4:03  | 0.4 | 6:12  | 0.2  | 6:50  | 8:14 | ☀   |
| 25   | Thu | 10:11 | 2.1 |          |     | 4:57  | 0.5 | 7:10  | 0.1  | 6:51  | 8:14 | ☀   |
| 26   | Fri | 12:17 | 1.1 | 11:04 AM | 2.2 | 5:52  | 0.5 | 7:58  | 0.1  | 6:51  | 8:13 | ☀   |
| 27   | Sat | 12:58 | 1.2 | 11:53 AM | 2.3 | 6:44  | 0.5 | 8:37  | 0.0  | 6:52  | 8:13 | ☀   |
| 28   | Sun | 1:32  | 1.3 | 12:38    | 2.4 | 7:32  | 0.4 | 9:12  | 0.0  | 6:52  | 8:12 | ☀   |
| 29   | Mon | 2:03  | 1.4 | 1:20     | 2.5 | 8:16  | 0.4 | 9:43  | 0.0  | 6:53  | 8:12 | ☀   |
| 30   | Tue | 2:34  | 1.6 | 2:02     | 2.5 | 8:58  | 0.4 | 10:14 | 0.0  | 6:53  | 8:11 | ☀   |
| 31   | Wed | 3:06  | 1.7 | 2:44     | 2.5 | 9:40  | 0.3 | 10:44 | 0.0  | 6:54  | 8:11 | ☀   |