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# Sugarloaf Key, Bow Channel, FL - Jul 2045

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 4:11 | 1.3 | 3:15 | 2.3 | 10:14 | 0.4 | 11:43 | -0.1 | 6:41 | 8:19 | |
| 2 | Sun | 4:41 | 1.4 | 3:54 | 2.3 | 10:57 | 0.4 | | | 6:41 | 8:19 | |
| 3 | Mon | 5:12 | 1.5 | 4:34 | 2.2 | 12:18 | 0.0 | 11:43 AM | 0.4 | 6:41 | 8:19 | |
| 4 | Tue | 5:44 | 1.6 | 5:15 | 2.0 | 12:53 | 0.0 | 12:34 | 0.4 | 6:42 | 8:19 | |
| 5 | Wed | 6:17 | 1.7 | 6:01 | 1.8 | 1:26 | 0.1 | 1:33 | 0.4 | 6:42 | 8:19 | |
| 6 | Thu | 6:52 | 1.8 | 6:54 | 1.5 | 1:58 | 0.2 | 2:38 | 0.4 | 6:42 | 8:19 | |
| 7 | Fri | 7:30 | 1.9 | 8:02 | 1.3 | 2:30 | 0.3 | 3:46 | 0.3 | 6:43 | 8:19 | |
| 8 | Sat | 8:13 | 2.0 | 9:28 | 1.1 | 3:05 | 0.3 | 4:53 | 0.2 | 6:43 | 8:19 | |
| 9 | Sun | 9:02 | 2.1 | 10:58 | 1.0 | 3:46 | 0.4 | 5:58 | 0.0 | 6:44 | 8:19 | |
| 10 | Mon | 9:56 | 2.2 | | | 4:34 | 0.4 | 6:58 | -0.1 | 6:44 | 8:18 | |
| 11 | Tue | 12:13 | 1.0 | 10:54 AM | 2.4 | 5:30 | 0.4 | 7:54 | -0.2 | 6:45 | 8:18 | |
| 12 | Wed | 1:11 | 1.1 | 11:52 AM | 2.6 | 6:29 | 0.4 | 8:45 | -0.3 | 6:45 | 8:18 | |
| 13 | Thu | 2:00 | 1.1 | 12:49 | 2.8 | 7:28 | 0.4 | 9:33 | -0.3 | 6:45 | 8:18 | |
| 14 | Fri | 2:43 | 1.2 | 1:46 | 2.9 | 8:26 | 0.3 | 10:19 | -0.3 | 6:46 | 8:18 | |
| 15 | Sat | 3:23 | 1.4 | 2:41 | 2.9 | 9:23 | 0.2 | 11:02 | -0.3 | 6:46 | 8:17 | |
| 16 | Sun | 4:02 | 1.6 | 3:36 | 2.8 | 10:20 | 0.2 | 11:45 | -0.2 | 6:47 | 8:17 | |
| 17 | Mon | 4:40 | 1.7 | 4:30 | 2.6 | 11:20 | 0.2 | | | 6:47 | 8:17 | |
| 18 | Tue | 5:20 | 1.9 | 5:25 | 2.3 | 12:26 | 0.0 | 12:25 | 0.2 | 6:48 | 8:16 | |
| 19 | Wed | 6:01 | 2.1 | 6:24 | 1.9 | 1:08 | 0.1 | 1:34 | 0.1 | 6:48 | 8:16 | |
| 20 | Thu | 6:45 | 2.2 | 7:31 | 1.6 | 1:49 | 0.2 | 2:48 | 0.1 | 6:49 | 8:16 | |
| 21 | Fri | 7:35 | 2.3 | 8:56 | 1.3 | 2:32 | 0.3 | 4:04 | 0.1 | 6:49 | 8:15 | |
| 22 | Sat | 8:30 | 2.3 | 10:33 | 1.1 | 3:18 | 0.4 | 5:18 | 0.1 | 6:50 | 8:15 | |
| 23 | Sun | 9:32 | 2.3 | 11:56 | 1.1 | 4:09 | 0.4 | 6:30 | 0.0 | 6:50 | 8:15 | |
| 24 | Mon | 10:33 | 2.3 | | | 5:05 | 0.5 | 7:33 | 0.0 | 6:50 | 8:14 | |
| 25 | Tue | 12:55 | 1.1 | 11:29 AM | 2.4 | 6:05 | 0.5 | 8:23 | 0.0 | 6:51 | 8:14 | |
| 26 | Wed | 1:39 | 1.2 | 12:20 | 2.4 | 7:02 | 0.4 | 9:03 | -0.1 | 6:51 | 8:13 | |
| 27 | Thu | 2:13 | 1.2 | 1:04 | 2.5 | 7:54 | 0.4 | 9:38 | 0.0 | 6:52 | 8:13 | |
| 28 | Fri | 2:41 | 1.4 | 1:45 | 2.5 | 8:41 | 0.4 | 10:10 | 0.0 | 6:52 | 8:12 | |
| 29 | Sat | 3:07 | 1.5 | 2:23 | 2.5 | 9:24 | 0.4 | 10:40 | 0.0 | 6:53 | 8:12 | |
| 30 | Sun | 3:32 | 1.6 | 3:00 | 2.5 | 10:05 | 0.4 | 11:10 | 0.1 | 6:53 | 8:11 | |

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 31 | Mon | **3:59** | 1.8 | **3:37** | 2.4 | **10:45** | 0.4 | **11:38** | 0.1 | 6:54 | 8:11 | ◯ |