

































Vero Beach (ocean), FL - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:14	3.4	11:40	3.6	4:56	-0.1	5:14	-0.2	6:29	8:21	
2	Fri			12:06	3.4	5:45	-0.2	6:06	-0.1	6:29	8:21	
3	Sat	12:27	3.5	1:01	3.4	6:39	-0.2	7:04	0.0	6:30	8:21	
4	Sun	1:18	3.4	2:00	3.4	7:37	-0.3	8:06	0.2	6:30	8:21	
5	Mon	2:14	3.4	3:04	3.4	8:39	-0.3	9:10	0.2	6:31	8:21	
6	Tue	3:15	3.4	4:09	3.5	9:41	-0.4	10:14	0.2	6:31	8:20	
7	Wed	4:18	3.4	5:13	3.6	10:42	-0.5	11:15	0.1	6:31	8:20	
8	Thu	5:22	3.5	6:13	3.7	11:40	-0.6			6:32	8:20	
9	Fri	6:21	3.6	7:07	3.8	12:12	0.1	12:35	-0.7	6:32	8:20	
10	Sat	7:17	3.7	7:58	3.9	1:06	0.0	1:28	-0.7	6:33	8:20	
11	Sun	8:09	3.7	8:45	4.0	1:58	-0.1	2:18	-0.6	6:33	8:20	
12	Mon	8:58	3.7	9:30	3.9	2:47	-0.2	3:06	-0.6	6:34	8:19	
13	Tue	9:44	3.7	10:12	3.8	3:35	-0.2	3:53	-0.4	6:34	8:19	
14	Wed	10:29	3.6	10:53	3.7	4:21	-0.1	4:38	-0.2	6:35	8:19	
15	Thu	11:13	3.4	11:33	3.5	5:06	-0.1	5:24	0.0	6:35	8:19	
16	Fri	11:57	3.3			5:52	0.1	6:09	0.2	6:36	8:18	
17	Sat	12:13	3.3	12:42	3.1	6:38	0.2	6:57	0.5	6:36	8:18	
18	Sun	12:54	3.1	1:30	3.0	7:26	0.3	7:47	0.6	6:37	8:18	
19	Mon	1:38	3.0	2:21	2.9	8:16	0.3	8:41	0.7	6:37	8:17	
20	Tue	2:27	2.9	3:16	2.9	9:08	0.3	9:35	0.8	6:38	8:17	
21	Wed	3:20	2.9	4:14	3.0	10:00	0.3	10:29	0.8	6:38	8:16	
22	Thu	4:17	2.9	5:11	3.1	10:51	0.2	11:20	0.7	6:39	8:16	
23	Fri	5:14	3.0	6:03	3.2	11:39	0.1			6:39	8:15	
24	Sat	6:08	3.1	6:52	3.4	12:08	0.6	12:25	0.0	6:40	8:15	
25	Sun	6:59	3.3	7:38	3.6	12:53	0.4	1:09	-0.2	6:40	8:14	
26	Mon	7:47	3.5	8:22	3.8	1:37	0.2	1:53	-0.3	6:41	8:14	
27	Tue	8:34	3.7	9:05	3.9	2:20	0.1	2:37	-0.3	6:41	8:13	
28	Wed	9:21	3.8	9:48	4.0	3:04	-0.1	3:22	-0.4	6:42	8:13	
29	Thu	10:08	3.9	10:32	4.0	3:48	-0.2	4:08	-0.3	6:43	8:12	
30	Fri	10:57	3.9	11:17	3.9	4:35	-0.3	4:57	-0.2	6:43	8:11	
31	Sat	11:49	3.8			5:25	-0.3	5:49	0.0	6:44	8:11	