
































Vero Beach (ocean), FL - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:07	3.1	5:48	0.3	6:23	0.1	7:12	5:37	
2	Mon	12:45	3.0	12:59	3.1	6:47	0.4	7:22	0.0	7:12	5:38	
3	Tue	1:47	3.1	1:58	3.1	7:52	0.4	8:24	-0.2	7:12	5:39	
4	Wed	2:52	3.2	3:01	3.2	8:57	0.3	9:26	-0.4	7:12	5:40	
5	Thu	3:56	3.4	4:05	3.3	9:59	0.1	10:25	-0.6	7:13	5:40	
6	Fri	4:57	3.6	5:06	3.5	10:58	-0.1	11:21	-0.8	7:13	5:41	
7	Sat	5:54	3.9	6:04	3.7	11:53	-0.3			7:13	5:42	
8	Sun	6:48	4.1	6:59	3.9	12:16	-1.0	12:47	-0.5	7:13	5:42	
9	Mon	7:39	4.2	7:53	4.0	1:09	-1.1	1:40	-0.6	7:13	5:43	
10	Tue	8:28	4.2	8:45	3.9	2:02	-1.1	2:32	-0.7	7:13	5:44	
11	Wed	9:17	4.1	9:37	3.8	2:54	-1.0	3:24	-0.6	7:13	5:45	
12	Thu	10:05	3.9	10:29	3.7	3:46	-0.8	4:17	-0.6	7:13	5:46	
13	Fri	10:54	3.7	11:22	3.4	4:39	-0.5	5:11	-0.5	7:13	5:46	
14	Sat	11:43	3.4			5:34	-0.2	6:06	-0.3	7:13	5:47	
15	Sun	12:17	3.2	12:34	3.2	6:31	0.0	7:03	-0.2	7:13	5:48	
16	Mon	1:14	3.0	1:27	3.0	7:30	0.2	8:00	-0.1	7:13	5:49	
17	Tue	2:14	2.9	2:23	2.8	8:29	0.4	8:56	-0.1	7:13	5:50	
18	Wed	3:13	2.8	3:19	2.7	9:25	0.4	9:49	-0.1	7:12	5:50	
19	Thu	4:09	2.8	4:13	2.7	10:18	0.4	10:38	-0.1	7:12	5:51	
20	Fri	5:00	2.9	5:03	2.8	11:06	0.3	11:24	-0.2	7:12	5:52	
21	Sat	5:45	3.0	5:49	2.9	11:51	0.2			7:12	5:53	
22	Sun	6:26	3.1	6:32	3.0	12:06	-0.3	12:32	0.1	7:12	5:54	
23	Mon	7:06	3.2	7:13	3.1	12:45	-0.3	1:11	0.0	7:11	5:54	
24	Tue	7:44	3.3	7:53	3.1	1:22	-0.4	1:47	0.0	7:11	5:55	
25	Wed	8:21	3.3	8:33	3.1	1:59	-0.4	2:23	-0.1	7:11	5:56	
26	Thu	8:58	3.3	9:12	3.1	2:34	-0.4	2:58	-0.2	7:10	5:57	
27	Fri	9:35	3.3	9:54	3.1	3:11	-0.3	3:35	-0.2	7:10	5:58	
28	Sat	10:13	3.2	10:37	3.1	3:50	-0.2	4:15	-0.3	7:09	5:58	
29	Sun	10:53	3.1	11:25	3.0	4:33	-0.1	5:00	-0.3	7:09	5:59	
30	Mon	11:38	3.0			5:22	0.0	5:52	-0.3	7:09	6:00	
31	Tue	12:19	3.0	12:29	2.9	6:19	0.1	6:52	-0.3	7:08	6:01	