

































Vero Beach (ocean), FL - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:26	3.1	6:11	3.3	11:45	-0.2			6:29	8:21	
2	Sun	6:15	3.1	6:57	3.4	12:13	0.4	12:31	-0.2	6:29	8:21	
3	Mon	7:00	3.2	7:39	3.4	12:59	0.3	1:14	-0.2	6:30	8:21	
4	Tue	7:42	3.2	8:18	3.5	1:41	0.3	1:55	-0.2	6:30	8:21	
5	Wed	8:23	3.2	8:56	3.5	2:22	0.3	2:34	-0.2	6:30	8:21	
6	Thu	9:03	3.2	9:34	3.5	3:01	0.2	3:12	-0.1	6:31	8:20	
7	Fri	9:42	3.2	10:11	3.4	3:38	0.2	3:48	-0.1	6:31	8:20	
8	Sat	10:22	3.2	10:48	3.4	4:15	0.2	4:24	0.0	6:32	8:20	
9	Sun	11:02	3.1	11:26	3.3	4:52	0.2	5:02	0.1	6:32	8:20	
10	Mon	11:44	3.1			5:30	0.2	5:42	0.2	6:33	8:20	
11	Tue	12:05	3.2	12:30	3.1	6:12	0.2	6:28	0.3	6:33	8:20	
12	Wed	12:46	3.2	1:20	3.1	7:00	0.2	7:20	0.4	6:33	8:20	
13	Thu	1:33	3.1	2:16	3.1	7:53	0.1	8:20	0.5	6:34	8:19	
14	Fri	2:25	3.1	3:17	3.2	8:52	0.0	9:23	0.4	6:34	8:19	
15	Sat	3:25	3.2	4:21	3.3	9:52	-0.2	10:25	0.3	6:35	8:19	
16	Sun	4:28	3.3	5:24	3.6	10:52	-0.4	11:25	0.2	6:35	8:18	
17	Mon	5:32	3.5	6:23	3.8	11:50	-0.6			6:36	8:18	
18	Tue	6:33	3.7	7:19	4.0	12:22	0.0	12:46	-0.7	6:36	8:18	
19	Wed	7:31	3.9	8:12	4.2	1:18	-0.2	1:41	-0.9	6:37	8:17	
20	Thu	8:26	4.1	9:03	4.3	2:11	-0.4	2:34	-0.9	6:38	8:17	
21	Fri	9:20	4.1	9:53	4.3	3:05	-0.5	3:27	-0.8	6:38	8:17	
22	Sat	10:13	4.1	10:42	4.2	3:57	-0.5	4:20	-0.7	6:39	8:16	
23	Sun	11:06	4.0	11:31	4.1	4:51	-0.5	5:14	-0.5	6:39	8:16	
24	Mon	11:59	3.9			5:45	-0.4	6:09	-0.2	6:40	8:15	
25	Tue	12:21	3.9	12:54	3.7	6:41	-0.3	7:06	0.1	6:40	8:15	
26	Wed	1:12	3.6	1:51	3.5	7:38	-0.1	8:05	0.3	6:41	8:14	
27	Thu	2:05	3.4	2:50	3.3	8:35	0.0	9:04	0.5	6:41	8:14	
28	Fri	3:01	3.2	3:50	3.2	9:32	0.1	10:02	0.6	6:42	8:13	
29	Sat	3:58	3.1	4:48	3.2	10:27	0.1	10:56	0.6	6:42	8:12	
30	Sun	4:53	3.1	5:41	3.3	11:18	0.2	11:46	0.6	6:43	8:12	
31	Mon	5:45	3.1	6:28	3.3			12:06	0.1	6:43	8:11	