



























Vero Beach (ocean), FL - Dec 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:29	4.4	5:40	4.2	11:32	0.2	11:52	-0.4	6:54	5:26	
2	Sun	6:20	4.5	6:30	4.2			12:22	0.2	6:55	5:26	
3	Mon	7:08	4.5	7:17	4.1	12:40	-0.4	1:09	0.2	6:56	5:26	
4	Tue	7:54	4.4	8:02	4.1	1:27	-0.4	1:56	0.2	6:56	5:26	
5	Wed	8:38	4.3	8:47	3.9	2:12	-0.3	2:42	0.3	6:57	5:26	
6	Thu	9:21	4.1	9:31	3.7	2:58	-0.1	3:28	0.4	6:58	5:26	
7	Fri	10:04	3.9	10:15	3.5	3:43	0.1	4:14	0.5	6:58	5:26	
8	Sat	10:46	3.7	11:01	3.3	4:29	0.3	5:02	0.6	6:59	5:26	
9	Sun	11:30	3.5	11:49	3.2	5:18	0.5	5:53	0.7	7:00	5:27	
10	Mon			12:16	3.3	6:09	0.7	6:47	0.8	7:01	5:27	
11	Tue	12:42	3.1	1:04	3.2	7:05	0.8	7:41	0.7	7:01	5:27	
12	Wed	1:38	3.0	1:55	3.1	8:01	0.9	8:33	0.6	7:02	5:27	
13	Thu	2:35	3.1	2:48	3.1	8:56	0.9	9:22	0.5	7:03	5:28	
14	Fri	3:32	3.2	3:41	3.2	9:47	0.8	10:08	0.3	7:03	5:28	
15	Sat	4:25	3.4	4:31	3.3	10:34	0.7	10:52	0.1	7:04	5:28	
16	Sun	5:14	3.5	5:20	3.4	11:19	0.5	11:34	-0.1	7:04	5:29	
17	Mon	6:01	3.7	6:07	3.5			12:02	0.4	7:05	5:29	
18	Tue	6:47	3.9	6:53	3.6	12:17	-0.2	12:45	0.3	7:06	5:29	
19	Wed	7:32	4.0	7:39	3.7	1:00	-0.4	1:29	0.1	7:06	5:30	
20	Thu	8:18	4.0	8:27	3.7	1:44	-0.5	2:14	0.1	7:07	5:30	
21	Fri	9:04	4.1	9:16	3.7	2:30	-0.5	3:01	0.0	7:07	5:31	
22	Sat	9:52	4.0	10:08	3.7	3:19	-0.5	3:52	0.0	7:08	5:31	
23	Sun	10:41	3.9	11:03	3.6	4:12	-0.3	4:46	-0.1	7:08	5:32	
24	Mon	11:33	3.8			5:08	-0.2	5:45	-0.1	7:09	5:32	
25	Tue	12:02	3.6	12:28	3.6	6:10	0.0	6:47	-0.1	7:09	5:33	
26	Wed	1:05	3.5	1:27	3.5	7:15	0.1	7:50	-0.2	7:09	5:33	
27	Thu	2:11	3.5	2:28	3.5	8:21	0.2	8:52	-0.3	7:10	5:34	
28	Fri	3:16	3.6	3:29	3.5	9:23	0.2	9:50	-0.4	7:10	5:35	
29	Sat	4:18	3.6	4:28	3.5	10:21	0.1	10:45	-0.5	7:11	5:35	
30	Sun	5:14	3.7	5:23	3.5	11:15	0.1	11:36	-0.6	7:11	5:36	
31	Mon	6:05	3.8	6:13	3.6			12:05	0.0	7:11	5:36	