


































Vero Beach (ocean), FL - Jul 1990

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 2:54 | 2.9 | 3:46 | 2.9 | 9:33 | 0.1 | 10:02 | 0.7 | 6:29 | 8:21 |  |
| 2 | Mon | 3:46 | 2.8 | 4:41 | 2.9 | 10:24 | 0.1 | 10:54 | 0.7 | 6:29 | 8:21 |  |
| 3 | Tue | 4:38 | 2.8 | 5:34 | 3.0 | 11:12 | 0.1 | 11:42 | 0.7 | 6:30 | 8:21 |  |
| 4 | Wed | 5:30 | 2.8 | 6:22 | 3.1 | 11:58 | 0.1 | | | 6:30 | 8:21 |  |
| 5 | Thu | 6:20 | 2.9 | 7:08 | 3.2 | 12:28 | 0.6 | 12:42 | 0.0 | 6:30 | 8:21 |  |
| 6 | Fri | 7:07 | 3.0 | 7:51 | 3.3 | 1:11 | 0.6 | 1:24 | -0.1 | 6:31 | 8:20 |  |
| 7 | Sat | 7:51 | 3.1 | 8:32 | 3.4 | 1:53 | 0.5 | 2:04 | -0.1 | 6:31 | 8:20 |  |
| 8 | Sun | 8:35 | 3.1 | 9:12 | 3.5 | 2:33 | 0.4 | 2:42 | -0.2 | 6:32 | 8:20 |  |
| 9 | Mon | 9:18 | 3.2 | 9:51 | 3.5 | 3:11 | 0.3 | 3:21 | -0.2 | 6:32 | 8:20 |  |
| 10 | Tue | 10:00 | 3.3 | 10:30 | 3.5 | 3:50 | 0.2 | 4:01 | -0.1 | 6:33 | 8:20 |  |
| 11 | Wed | 10:44 | 3.3 | 11:08 | 3.5 | 4:29 | 0.1 | 4:43 | -0.1 | 6:33 | 8:20 |  |
| 12 | Thu | 11:30 | 3.3 | 11:49 | 3.4 | 5:12 | 0.0 | 5:28 | 0.1 | 6:34 | 8:20 |  |
| 13 | Fri | | | 12:19 | 3.3 | 5:57 | -0.1 | 6:19 | 0.2 | 6:34 | 8:19 |  |
| 14 | Sat | 12:32 | 3.3 | 1:13 | 3.3 | 6:48 | -0.1 | 7:15 | 0.3 | 6:35 | 8:19 |  |
| 15 | Sun | 1:20 | 3.3 | 2:12 | 3.3 | 7:45 | -0.2 | 8:17 | 0.4 | 6:35 | 8:19 |  |
| 16 | Mon | 2:15 | 3.2 | 3:17 | 3.3 | 8:47 | -0.2 | 9:22 | 0.5 | 6:36 | 8:18 |  |
| 17 | Tue | 3:18 | 3.2 | 4:24 | 3.4 | 9:51 | -0.3 | 10:27 | 0.4 | 6:36 | 8:18 |  |
| 18 | Wed | 4:26 | 3.3 | 5:30 | 3.6 | 10:54 | -0.4 | 11:29 | 0.4 | 6:37 | 8:18 |  |
| 19 | Thu | 5:33 | 3.4 | 6:30 | 3.7 | 11:54 | -0.5 | | | 6:37 | 8:17 |  |
| 20 | Fri | 6:36 | 3.6 | 7:26 | 3.9 | 12:28 | 0.2 | 12:52 | -0.6 | 6:38 | 8:17 |  |
| 21 | Sat | 7:33 | 3.7 | 8:16 | 4.0 | 1:23 | 0.1 | 1:46 | -0.6 | 6:38 | 8:17 |  |
| 22 | Sun | 8:27 | 3.8 | 9:04 | 4.0 | 2:16 | -0.1 | 2:38 | -0.6 | 6:39 | 8:16 |  |
| 23 | Mon | 9:18 | 3.9 | 9:49 | 4.0 | 3:07 | -0.2 | 3:27 | -0.5 | 6:39 | 8:16 |  |
| 24 | Tue | 10:06 | 3.8 | 10:31 | 3.9 | 3:56 | -0.2 | 4:16 | -0.3 | 6:40 | 8:15 |  |
| 25 | Wed | 10:53 | 3.7 | 11:13 | 3.7 | 4:43 | -0.2 | 5:03 | -0.1 | 6:40 | 8:15 |  |
| 26 | Thu | 11:40 | 3.6 | 11:54 | 3.5 | 5:30 | -0.1 | 5:50 | 0.2 | 6:41 | 8:14 |  |
| 27 | Fri | | | 12:26 | 3.4 | 6:16 | 0.0 | 6:38 | 0.4 | 6:41 | 8:14 |  |
| 28 | Sat | 12:34 | 3.3 | 1:13 | 3.2 | 7:04 | 0.2 | 7:29 | 0.7 | 6:42 | 8:13 |  |
| 29 | Sun | 1:17 | 3.1 | 2:03 | 3.1 | 7:54 | 0.3 | 8:22 | 0.8 | 6:42 | 8:12 |  |
| 30 | Mon | 2:04 | 3.0 | 2:58 | 3.0 | 8:47 | 0.4 | 9:17 | 0.9 | 6:43 | 8:12 |  |
| 31 | Tue | 2:56 | 2.9 | 3:57 | 2.9 | 9:42 | 0.4 | 10:13 | 1.0 | 6:43 | 8:11 |  |