

Vero Beach (ocean), FL - Jul 1995

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 10:39 | 3.2 | 11:05 | 3.4 | 4:28 | 0.2 | 4:38 | 0.0 | 6:29 | 8:21 | ● |
| 2 | Sun | 11:22 | 3.1 | 11:45 | 3.3 | 5:06 | 0.2 | 5:18 | 0.1 | 6:29 | 8:21 | ◐ |
| 3 | Mon | | | 12:07 | 3.1 | 5:48 | 0.1 | 6:04 | 0.2 | 6:30 | 8:21 | ◑ |
| 4 | Tue | 12:26 | 3.3 | 12:57 | 3.1 | 6:36 | 0.1 | 6:56 | 0.3 | 6:30 | 8:21 | ◒ |
| 5 | Wed | 1:12 | 3.2 | 1:53 | 3.2 | 7:29 | 0.0 | 7:55 | 0.3 | 6:30 | 8:21 | ◑ |
| 6 | Thu | 2:03 | 3.2 | 2:54 | 3.2 | 8:28 | -0.1 | 8:59 | 0.4 | 6:31 | 8:21 | ◒ |
| 7 | Fri | 3:02 | 3.2 | 3:59 | 3.3 | 9:30 | -0.2 | 10:03 | 0.3 | 6:31 | 8:20 | ◑ |
| 8 | Sat | 4:06 | 3.3 | 5:03 | 3.5 | 10:31 | -0.4 | 11:05 | 0.2 | 6:32 | 8:20 | ◒ |
| 9 | Sun | 5:11 | 3.4 | 6:04 | 3.7 | 11:31 | -0.6 | | | 6:32 | 8:20 | ◑ |
| 10 | Mon | 6:13 | 3.6 | 7:02 | 3.9 | 12:04 | 0.0 | 12:28 | -0.8 | 6:33 | 8:20 | ◑ |
| 11 | Tue | 7:12 | 3.8 | 7:56 | 4.1 | 1:00 | -0.2 | 1:24 | -0.9 | 6:33 | 8:20 | ◑ |
| 12 | Wed | 8:08 | 4.0 | 8:47 | 4.2 | 1:55 | -0.3 | 2:18 | -0.9 | 6:33 | 8:20 | ◑ |
| 13 | Thu | 9:02 | 4.0 | 9:36 | 4.2 | 2:48 | -0.4 | 3:10 | -0.8 | 6:34 | 8:19 | ◑ |
| 14 | Fri | 9:55 | 4.0 | 10:24 | 4.1 | 3:41 | -0.5 | 4:03 | -0.7 | 6:34 | 8:19 | ◑ |
| 15 | Sat | 10:46 | 3.9 | 11:12 | 4.0 | 4:33 | -0.5 | 4:55 | -0.5 | 6:35 | 8:19 | ◑ |
| 16 | Sun | 11:37 | 3.8 | 11:59 | 3.8 | 5:25 | -0.4 | 5:47 | -0.2 | 6:35 | 8:18 | ◑ |
| 17 | Mon | | | 12:29 | 3.6 | 6:18 | -0.3 | 6:41 | 0.1 | 6:36 | 8:18 | ◑ |
| 18 | Tue | 12:47 | 3.5 | 1:22 | 3.4 | 7:12 | -0.1 | 7:37 | 0.3 | 6:36 | 8:18 | ◑ |
| 19 | Wed | 1:35 | 3.3 | 2:17 | 3.2 | 8:07 | 0.0 | 8:33 | 0.5 | 6:37 | 8:17 | ◑ |
| 20 | Thu | 2:26 | 3.1 | 3:14 | 3.1 | 9:02 | 0.1 | 9:30 | 0.6 | 6:37 | 8:17 | ◑ |
| 21 | Fri | 3:20 | 3.0 | 4:11 | 3.0 | 9:56 | 0.2 | 10:24 | 0.7 | 6:38 | 8:17 | ◑ |
| 22 | Sat | 4:15 | 2.9 | 5:06 | 3.1 | 10:47 | 0.2 | 11:16 | 0.7 | 6:39 | 8:16 | ◑ |
| 23 | Sun | 5:09 | 3.0 | 5:56 | 3.2 | 11:36 | 0.2 | | | 6:39 | 8:16 | ◑ |
| 24 | Mon | 5:59 | 3.1 | 6:42 | 3.3 | 12:04 | 0.6 | 12:21 | 0.1 | 6:40 | 8:15 | ◑ |
| 25 | Tue | 6:46 | 3.2 | 7:24 | 3.4 | 12:48 | 0.5 | 1:03 | 0.0 | 6:40 | 8:15 | ◑ |
| 26 | Wed | 7:31 | 3.3 | 8:05 | 3.5 | 1:30 | 0.4 | 1:43 | 0.0 | 6:41 | 8:14 | ◑ |
| 27 | Thu | 8:13 | 3.4 | 8:44 | 3.6 | 2:09 | 0.3 | 2:21 | -0.1 | 6:41 | 8:14 | ● |
| 28 | Fri | 8:55 | 3.4 | 9:22 | 3.7 | 2:46 | 0.3 | 2:58 | -0.1 | 6:42 | 8:13 | ● |
| 29 | Sat | 9:36 | 3.5 | 10:00 | 3.7 | 3:23 | 0.2 | 3:35 | 0.0 | 6:42 | 8:12 | ● |
| 30 | Sun | 10:17 | 3.5 | 10:38 | 3.6 | 4:00 | 0.1 | 4:14 | 0.0 | 6:43 | 8:12 | ● |
| 31 | Mon | 11:00 | 3.5 | 11:18 | 3.6 | 4:39 | 0.1 | 4:55 | 0.1 | 6:43 | 8:11 | ◑ |