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# Vero Beach (ocean), FL - Jul 2030

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | **8:42** | 3.2 | **9:17** | 3.5 | **2:39** | 0.3 | **2:49** | -0.2 | 6:29 | 8:21 | |
| 2 | Tue | **9:24** | 3.2 | **9:55** | 3.5 | **3:17** | 0.3 | **3:27** | -0.2 | 6:29 | 8:21 | |
| 3 | Wed | **10:06** | 3.2 | **10:34** | 3.5 | **3:55** | 0.2 | **4:05** | -0.1 | 6:30 | 8:21 | |
| 4 | Thu | **10:48** | 3.2 | **11:12** | 3.4 | **4:33** | 0.1 | **4:45** | 0.0 | 6:30 | 8:21 | |
| 5 | Fri | **11:33** | 3.2 | **11:52** | 3.4 | **5:14** | 0.1 | **5:30** | 0.1 | 6:31 | 8:21 | |
| 6 | Sat | | | **12:21** | 3.2 | **5:59** | 0.0 | **6:19** | 0.2 | 6:31 | 8:21 | |
| 7 | Sun | **12:36** | 3.3 | **1:14** | 3.2 | **6:50** | -0.1 | **7:15** | 0.3 | 6:31 | 8:20 | |
| 8 | Mon | **1:24** | 3.2 | **2:13** | 3.3 | **7:47** | -0.1 | **8:17** | 0.4 | 6:32 | 8:20 | |
| 9 | Tue | **2:19** | 3.2 | **3:17** | 3.3 | **8:48** | -0.2 | **9:21** | 0.4 | 6:32 | 8:20 | |
| 10 | Wed | **3:21** | 3.2 | **4:23** | 3.4 | **9:51** | -0.4 | **10:26** | 0.3 | 6:33 | 8:20 | |
| 11 | Thu | **4:28** | 3.3 | **5:28** | 3.6 | **10:54** | -0.5 | **11:28** | 0.2 | 6:33 | 8:20 | |
| 12 | Fri | **5:34** | 3.5 | **6:28** | 3.8 | **11:53** | -0.6 | | | 6:34 | 8:20 | |
| 13 | Sat | **6:36** | 3.6 | **7:23** | 3.9 | **12:26** | 0.0 | **12:50** | -0.7 | 6:34 | 8:19 | |
| 14 | Sun | **7:34** | 3.8 | **8:15** | 4.1 | **1:22** | -0.1 | **1:45** | -0.8 | 6:35 | 8:19 | |
| 15 | Mon | **8:28** | 3.9 | **9:04** | 4.1 | **2:15** | -0.3 | **2:38** | -0.8 | 6:35 | 8:19 | |
| 16 | Tue | **9:20** | 3.9 | **9:51** | 4.1 | **3:07** | -0.3 | **3:29** | -0.7 | 6:36 | 8:18 | |
| 17 | Wed | **10:10** | 3.9 | **10:36** | 4.0 | **3:58** | -0.4 | **4:19** | -0.5 | 6:36 | 8:18 | |
| 18 | Thu | **10:59** | 3.8 | **11:20** | 3.8 | **4:47** | -0.3 | **5:08** | -0.2 | 6:37 | 8:18 | |
| 19 | Fri | **11:48** | 3.6 | | | **5:37** | -0.2 | **5:58** | 0.0 | 6:37 | 8:17 | |
| 20 | Sat | **12:04** | 3.6 | **12:36** | 3.4 | **6:26** | -0.1 | **6:49** | 0.3 | 6:38 | 8:17 | |
| 21 | Sun | **12:48** | 3.3 | **1:26** | 3.2 | **7:17** | 0.0 | **7:42** | 0.5 | 6:38 | 8:16 | |
| 22 | Mon | **1:34** | 3.1 | **2:19** | 3.1 | **8:10** | 0.2 | **8:37** | 0.7 | 6:39 | 8:16 | |
| 23 | Tue | **2:23** | 3.0 | **3:14** | 3.0 | **9:04** | 0.3 | **9:32** | 0.8 | 6:39 | 8:16 | |
| 24 | Wed | **3:16** | 2.9 | **4:12** | 3.0 | **9:57** | 0.3 | **10:27** | 0.8 | 6:40 | 8:15 | |
| 25 | Thu | **4:12** | 2.9 | **5:08** | 3.0 | **10:49** | 0.3 | **11:19** | 0.8 | 6:41 | 8:15 | |
| 26 | Fri | **5:08** | 2.9 | **5:59** | 3.1 | **11:38** | 0.2 | | | 6:41 | 8:14 | |
| 27 | Sat | **6:01** | 3.0 | **6:46** | 3.3 | **12:07** | 0.7 | **12:23** | 0.1 | 6:42 | 8:13 | |
| 28 | Sun | **6:49** | 3.2 | **7:29** | 3.5 | **12:51** | 0.6 | **1:05** | 0.1 | 6:42 | 8:13 | |
| 29 | Mon | **7:35** | 3.3 | **8:10** | 3.6 | **1:32** | 0.5 | **1:46** | 0.0 | 6:43 | 8:12 | |
| 30 | Tue | **8:19** | 3.4 | **8:49** | 3.7 | **2:12** | 0.3 | **2:24** | -0.1 | 6:43 | 8:12 | |
| 31 | Wed | **9:02** | 3.5 | **9:28** | 3.7 | **2:49** | 0.2 | **3:03** | -0.1 | 6:44 | 8:11 | |