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# Yacht Harbor, Cowpens Anchorage, Plantation Key, FL - Jul 2025

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 4:23 | 0.5 | 4:52 | 0.5 | 11:45 | 0.0 | | | 6:36 | 8:16 | |
| 2 | Wed | 5:06 | 0.5 | 5:44 | 0.5 | 12:05 | 0.1 | 12:36 | 0.0 | 6:36 | 8:16 | |
| 3 | Thu | 5:51 | 0.5 | 6:37 | 0.5 | 12:59 | 0.1 | 1:26 | 0.0 | 6:37 | 8:16 | |
| 4 | Fri | 6:39 | 0.4 | 7:32 | 0.5 | 1:52 | 0.1 | 2:16 | 0.0 | 6:37 | 8:16 | |
| 5 | Sat | 7:30 | 0.4 | 8:26 | 0.5 | 2:45 | 0.2 | 3:04 | 0.0 | 6:37 | 8:16 | |
| 6 | Sun | 8:22 | 0.4 | 9:19 | 0.5 | 3:35 | 0.2 | 3:52 | 0.0 | 6:38 | 8:15 | |
| 7 | Mon | 9:15 | 0.4 | 10:08 | 0.5 | 4:23 | 0.2 | 4:37 | 0.0 | 6:38 | 8:15 | |
| 8 | Tue | 10:05 | 0.5 | 10:55 | 0.5 | 5:08 | 0.1 | 5:21 | 0.0 | 6:39 | 8:15 | |
| 9 | Wed | 10:53 | 0.5 | 11:39 | 0.5 | 5:52 | 0.1 | 6:03 | 0.0 | 6:39 | 8:15 | |
| 10 | Thu | 11:39 | 0.5 | | | 6:34 | 0.1 | 6:45 | 0.0 | 6:39 | 8:15 | |
| 11 | Fri | 12:22 | 0.6 | 12:24 | 0.5 | 7:15 | 0.1 | 7:26 | -0.1 | 6:40 | 8:15 | |
| 12 | Sat | 1:04 | 0.6 | 1:09 | 0.5 | 7:56 | 0.1 | 8:07 | -0.1 | 6:40 | 8:15 | |
| 13 | Sun | 1:44 | 0.6 | 1:54 | 0.5 | 8:37 | 0.0 | 8:51 | 0.0 | 6:41 | 8:14 | |
| 14 | Mon | 2:25 | 0.6 | 2:41 | 0.5 | 9:21 | 0.0 | 9:37 | 0.0 | 6:41 | 8:14 | |
| 15 | Tue | 3:06 | 0.6 | 3:31 | 0.5 | 10:07 | 0.0 | 10:27 | 0.0 | 6:42 | 8:14 | |
| 16 | Wed | 3:49 | 0.6 | 4:24 | 0.5 | 10:57 | 0.0 | 11:22 | 0.0 | 6:42 | 8:14 | |
| 17 | Thu | 4:36 | 0.5 | 5:21 | 0.5 | 11:52 | 0.0 | | | 6:43 | 8:13 | |
| 18 | Fri | 5:28 | 0.5 | 6:23 | 0.5 | 12:21 | 0.1 | 12:51 | -0.1 | 6:43 | 8:13 | |
| 19 | Sat | 6:27 | 0.5 | 7:29 | 0.5 | 1:25 | 0.1 | 1:53 | -0.1 | 6:44 | 8:13 | |
| 20 | Sun | 7:31 | 0.5 | 8:36 | 0.6 | 2:29 | 0.1 | 2:56 | -0.1 | 6:44 | 8:12 | |
| 21 | Mon | 8:38 | 0.5 | 9:39 | 0.6 | 3:32 | 0.1 | 3:58 | -0.1 | 6:45 | 8:12 | |
| 22 | Tue | 9:42 | 0.5 | 10:37 | 0.6 | 4:32 | 0.1 | 4:56 | -0.1 | 6:45 | 8:12 | |
| 23 | Wed | 10:41 | 0.6 | 11:29 | 0.6 | 5:29 | 0.1 | 5:51 | -0.1 | 6:45 | 8:11 | |
| 24 | Thu | 11:36 | 0.6 | | | 6:22 | 0.0 | 6:43 | -0.1 | 6:46 | 8:11 | |
| 25 | Fri | 12:17 | 0.6 | 12:26 | 0.6 | 7:12 | 0.0 | 7:32 | -0.1 | 6:46 | 8:10 | |
| 26 | Sat | 1:02 | 0.6 | 1:14 | 0.6 | 8:01 | 0.0 | 8:19 | -0.1 | 6:47 | 8:10 | |
| 27 | Sun | 1:43 | 0.6 | 1:59 | 0.6 | 8:47 | 0.0 | 9:05 | 0.0 | 6:47 | 8:09 | |
| 28 | Mon | 2:23 | 0.6 | 2:44 | 0.6 | 9:31 | 0.0 | 9:49 | 0.0 | 6:48 | 8:09 | |
| 29 | Tue | 3:02 | 0.6 | 3:27 | 0.5 | 10:15 | 0.0 | 10:34 | 0.1 | 6:48 | 8:08 | |
| 30 | Wed | 3:39 | 0.5 | 4:11 | 0.5 | 10:59 | 0.0 | 11:20 | 0.1 | 6:49 | 8:08 | |
| 31 | Thu | 4:18 | 0.5 | 4:57 | 0.5 | 11:44 | 0.1 | | | 6:49 | 8:07 | |