






Hilo, Hilo Bay, Kuhio Bay, HI - Jan 2010

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 3:56 | 3.2 | 3:26 | 1.5 | 10:38 | 0.4 | 9:27 | -0.6 | 6:54 | 5:53 | ☉ |
| 2 | Sat | 4:37 | 3.1 | 4:20 | 1.5 | 11:19 | 0.3 | 10:15 | -0.3 | 6:55 | 5:53 | ☉ |
| 3 | Sun | 5:17 | 3.0 | 5:17 | 1.5 | | | 12:00 | 0.3 | 6:55 | 5:54 | ☉ |
| 4 | Mon | 5:55 | 2.7 | 6:21 | 1.6 | | | 12:40 | 0.2 | 6:55 | 5:54 | ☾ |
| 5 | Tue | 6:31 | 2.4 | 7:36 | 1.6 | | | 1:23 | 0.2 | 6:56 | 5:55 | ☾ |
| 6 | Wed | 7:06 | 2.1 | 9:14 | 1.7 | 12:56 | 0.8 | 2:10 | 0.1 | 6:56 | 5:56 | ☾ |
| 7 | Thu | 7:43 | 1.7 | 10:47 | 1.9 | 2:23 | 1.1 | 3:04 | 0.1 | 6:56 | 5:56 | ☾ |
| 8 | Fri | 8:32 | 1.4 | | | 4:37 | 1.3 | 4:00 | 0.1 | 6:56 | 5:57 | ☾ |
| 9 | Sat | 12:02 | 2.2 | 9:47 AM | 1.2 | 7:06 | 1.1 | 4:54 | 0.0 | 6:56 | 5:58 | ☾ |
| 10 | Sun | 12:57 | 2.4 | 11:03 AM | 1.1 | 8:04 | 1.0 | 5:45 | -0.1 | 6:57 | 5:58 | ☾ |
| 11 | Mon | 1:37 | 2.5 | 12:13 | 1.1 | 8:33 | 0.8 | 6:32 | -0.2 | 6:57 | 5:59 | ☾ |
| 12 | Tue | 2:11 | 2.6 | 1:08 | 1.1 | 8:56 | 0.7 | 7:15 | -0.2 | 6:57 | 6:00 | ☾ |
| 13 | Wed | 2:41 | 2.6 | 1:51 | 1.2 | 9:19 | 0.6 | 7:53 | -0.3 | 6:57 | 6:00 | ☾ |
| 14 | Thu | 3:10 | 2.7 | 2:28 | 1.3 | 9:44 | 0.5 | 8:28 | -0.3 | 6:57 | 6:01 | ☾ |
| 15 | Fri | 3:39 | 2.7 | 3:04 | 1.4 | 10:11 | 0.5 | 9:02 | -0.2 | 6:57 | 6:02 | ☾ |
| 16 | Sat | 4:07 | 2.6 | 3:41 | 1.4 | 10:39 | 0.4 | 9:36 | -0.1 | 6:57 | 6:02 | ☾ |
| 17 | Sun | 4:35 | 2.5 | 4:19 | 1.4 | 11:08 | 0.3 | 10:09 | 0.0 | 6:57 | 6:03 | ☾ |
| 18 | Mon | 5:01 | 2.4 | 4:59 | 1.4 | 11:37 | 0.3 | 10:43 | 0.2 | 6:57 | 6:03 | ☾ |
| 19 | Tue | 5:25 | 2.3 | 5:43 | 1.5 | | | 12:04 | 0.3 | 6:57 | 6:04 | ☾ |
| 20 | Wed | 5:46 | 2.1 | 6:34 | 1.5 | | | 12:33 | 0.3 | 6:57 | 6:05 | ☾ |
| 21 | Thu | 6:05 | 1.8 | 7:44 | 1.5 | | | 1:05 | 0.2 | 6:57 | 6:05 | ☾ |
| 22 | Fri | 6:23 | 1.6 | 9:29 | 1.6 | 12:51 | 1.0 | 1:47 | 0.2 | 6:57 | 6:06 | ☾ |
| 23 | Sat | 6:40 | 1.4 | 11:00 | 1.9 | 2:59 | 1.3 | 2:48 | 0.1 | 6:57 | 6:07 | ☾ |
| 24 | Sun | | | | | | | 3:58 | 0.0 | 6:57 | 6:07 | ☾ |
| 25 | Mon | 12:07 | 2.2 | 10:09 AM | 1.1 | 7:30 | 1.0 | 5:03 | -0.2 | 6:56 | 6:08 | ☾ |
| 26 | Tue | 12:58 | 2.5 | 11:40 AM | 1.1 | 7:54 | 0.8 | 6:02 | -0.4 | 6:56 | 6:09 | ☾ |
| 27 | Wed | 1:40 | 2.7 | 12:50 | 1.2 | 8:23 | 0.6 | 6:57 | -0.5 | 6:56 | 6:09 | ☉ |
| 28 | Thu | 2:19 | 3.0 | 1:46 | 1.4 | 8:54 | 0.4 | 7:47 | -0.6 | 6:56 | 6:10 | ☉ |
| 29 | Fri | 2:56 | 3.1 | 2:35 | 1.6 | 9:28 | 0.3 | 8:34 | -0.6 | 6:55 | 6:10 | ☉ |
| 30 | Sat | 3:33 | 3.1 | 3:24 | 1.7 | 10:04 | 0.1 | 9:21 | -0.5 | 6:55 | 6:11 | ☉ |

| Date | | High | | | | Low | | | |  | |  |
|-----------|-----|-------------|-----|-------------|-----|--------------|-----|--------------|------|--|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 31 | Sun | 4:10 | 2.9 | 4:14 | 1.8 | 10:40 | 0.0 | 10:09 | -0.3 | 6:55 | 6:12 |  |