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# Hilo, Hilo Bay, Kuhio Bay, HI - Jun 2025

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | **7:24** | 0.9 | **8:13** | 2.2 | **2:52** | 0.5 | **12:40** | 0.4 | 5:40 | 6:55 | |
| 2 | Mon | **9:20** | 1.0 | **9:04** | 2.0 | **3:46** | 0.4 | **1:51** | 0.7 | 5:40 | 6:56 | |
| 3 | Tue | **10:48** | 1.3 | **9:49** | 1.8 | **4:25** | 0.3 | **3:29** | 0.9 | 5:40 | 6:56 | |
| 4 | Wed | **11:51** | 1.6 | **10:27** | 1.7 | **4:56** | 0.2 | **4:58** | 1.0 | 5:40 | 6:56 | |
| 5 | Thu | | | **12:39** | 1.9 | **5:24** | 0.1 | **6:16** | 1.0 | 5:40 | 6:57 | |
| 6 | Fri | | | **1:16** | 2.1 | **5:50** | 0.0 | **7:19** | 1.0 | 5:40 | 6:57 | |
| 7 | Sat | | | **1:48** | 2.3 | **6:19** | -0.1 | **8:08** | 0.9 | 5:40 | 6:57 | |
| 8 | Sun | **12:20** | 1.3 | **2:19** | 2.5 | **6:49** | -0.2 | **8:49** | 0.8 | 5:40 | 6:58 | |
| 9 | Mon | **1:01** | 1.2 | **2:52** | 2.6 | **7:20** | -0.3 | **9:30** | 0.7 | 5:40 | 6:58 | |
| 10 | Tue | **1:40** | 1.1 | **3:26** | 2.7 | **7:53** | -0.4 | **10:12** | 0.7 | 5:40 | 6:58 | |
| 11 | Wed | **2:16** | 1.1 | **4:02** | 2.7 | **8:27** | -0.4 | **10:56** | 0.7 | 5:40 | 6:59 | |
| 12 | Thu | **2:52** | 1.1 | **4:40** | 2.7 | **9:02** | -0.4 | **11:38** | 0.7 | 5:40 | 6:59 | |
| 13 | Fri | **3:30** | 1.1 | **5:19** | 2.7 | **9:38** | -0.3 | | | 5:41 | 6:59 | |
| 14 | Sat | **4:13** | 1.0 | **5:58** | 2.6 | **12:18** | 0.6 | **10:17 AM** | -0.2 | 5:41 | 7:00 | |
| 15 | Sun | **5:08** | 1.0 | **6:37** | 2.5 | **1:00** | 0.6 | **11:01 AM** | 0.0 | 5:41 | 7:00 | |
| 16 | Mon | **6:17** | 1.0 | **7:17** | 2.4 | **1:44** | 0.6 | **11:49 AM** | 0.3 | 5:41 | 7:00 | |
| 17 | Tue | **7:48** | 1.1 | **8:00** | 2.2 | **2:30** | 0.5 | **12:49** | 0.6 | 5:41 | 7:01 | |
| 18 | Wed | **9:35** | 1.4 | **8:49** | 2.0 | **3:16** | 0.3 | **2:22** | 0.9 | 5:41 | 7:01 | |
| 19 | Thu | **10:56** | 1.7 | **9:40** | 1.8 | **3:59** | 0.1 | **4:16** | 1.1 | 5:42 | 7:01 | |
| 20 | Fri | | | **12:01** | 2.2 | **4:40** | -0.1 | **5:57** | 1.1 | 5:42 | 7:01 | |
| 21 | Sat | | | **12:57** | 2.5 | **5:22** | -0.3 | **7:22** | 1.0 | 5:42 | 7:01 | |
| 22 | Sun | | | **1:44** | 2.9 | **6:06** | -0.5 | **8:25** | 0.8 | 5:42 | 7:02 | |
| 23 | Mon | **12:29** | 1.3 | **2:29** | 3.1 | **6:52** | -0.6 | **9:17** | 0.7 | 5:42 | 7:02 | |
| 24 | Tue | **1:27** | 1.2 | **3:12** | 3.2 | **7:38** | -0.6 | **10:07** | 0.6 | 5:43 | 7:02 | |
| 25 | Wed | **2:19** | 1.2 | **3:55** | 3.2 | **8:24** | -0.6 | **10:54** | 0.6 | 5:43 | 7:02 | |
| 26 | Thu | **3:08** | 1.2 | **4:38** | 3.1 | **9:10** | -0.5 | **11:36** | 0.5 | 5:43 | 7:02 | |
| 27 | Fri | **3:58** | 1.2 | **5:19** | 2.9 | **9:56** | -0.4 | | | 5:44 | 7:02 | |
| 28 | Sat | **4:52** | 1.2 | **5:58** | 2.7 | **12:16** | 0.5 | **10:42 AM** | -0.1 | 5:44 | 7:03 | |
| 29 | Sun | **5:49** | 1.2 | **6:33** | 2.5 | **12:54** | 0.5 | **11:27 AM** | 0.2 | 5:44 | 7:03 | |
| 30 | Mon | **6:52** | 1.2 | **7:05** | 2.2 | **1:32** | 0.5 | **12:13** | 0.5 | 5:44 | 7:03 | |