




Hilo, Hilo Bay, Kuhio Bay, HI - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:17	1.2	4:47	2.7	9:19	-0.2	11:35	0.6	5:45	7:03	☉
2	Thu	3:57	1.2	5:18	2.7	9:54	-0.1			5:45	7:03	☉
3	Fri	4:42	1.2	5:48	2.6	12:07	0.6	10:30 AM	0.1	5:45	7:03	☉
4	Sat	5:33	1.2	6:16	2.4	12:39	0.5	11:08 AM	0.3	5:46	7:03	☾
5	Sun	6:33	1.3	6:45	2.2	1:12	0.5	11:51 AM	0.6	5:46	7:03	☾
6	Mon	7:53	1.4	7:15	2.0	1:49	0.4	12:48	0.9	5:46	7:03	☾
7	Tue	9:33	1.6	7:53	1.8	2:32	0.3	2:29	1.2	5:47	7:03	☾
8	Wed	10:55	2.0	8:50	1.5	3:21	0.1	4:44	1.3	5:47	7:03	☾
9	Thu			12:03	2.3	4:13	-0.1	6:41	1.2	5:47	7:03	☾
10	Fri			12:59	2.7	5:05	-0.2	7:52	1.0	5:48	7:03	☾
11	Sat			1:47	3.0	6:00	-0.4	8:38	0.8	5:48	7:03	☾
12	Sun	12:36	1.2	2:31	3.2	6:54	-0.5	9:20	0.7	5:48	7:02	☾
13	Mon	1:39	1.3	3:13	3.3	7:45	-0.6	10:01	0.6	5:49	7:02	☾
14	Tue	2:32	1.4	3:54	3.2	8:34	-0.6	10:41	0.5	5:49	7:02	☾
15	Wed	3:23	1.4	4:34	3.1	9:22	-0.5	11:19	0.4	5:50	7:02	☾
16	Thu	4:16	1.5	5:12	3.0	10:09	-0.3	11:55	0.4	5:50	7:02	☾
17	Fri	5:11	1.6	5:46	2.7	10:57	0.1			5:50	7:02	☾
18	Sat	6:08	1.6	6:17	2.4	12:30	0.3	11:45 AM	0.4	5:51	7:01	☾
19	Sun	7:12	1.6	6:43	2.1	1:05	0.3	12:35	0.8	5:51	7:01	☾
20	Mon	8:36	1.7	7:04	1.8	1:41	0.3	1:39	1.2	5:51	7:01	☾
21	Tue	10:12	1.8	7:15	1.5	2:23	0.3	3:41	1.4	5:52	7:01	☾
22	Wed	11:32	2.0			3:14	0.3			5:52	7:00	☾
23	Thu			12:33	2.2	4:08	0.2			5:53	7:00	☾
24	Fri			1:17	2.4	5:03	0.2	8:39	1.0	5:53	7:00	☾
25	Sat			1:51	2.5	5:55	0.1	8:50	0.9	5:53	6:59	☉
26	Sun	12:27	1.1	2:21	2.6	6:42	0.0	9:06	0.8	5:54	6:59	☉
27	Mon	1:18	1.2	2:50	2.7	7:23	-0.1	9:28	0.7	5:54	6:59	☉
28	Tue	1:58	1.3	3:19	2.8	8:01	-0.2	9:53	0.6	5:54	6:58	☉
29	Wed	2:35	1.4	3:47	2.8	8:35	-0.2	10:20	0.6	5:55	6:58	☉
30	Thu	3:12	1.5	4:15	2.8	9:09	-0.1	10:48	0.5	5:55	6:57	☉

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	3:51	1.6	4:41	2.7	9:44	0.0	11:16	0.4	5:55	6:57	