US HARBORS www.USHarbors.com

# Honolulu, HI - Jul 2025

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 10:03 | 1.1 | 8:35 | 1.4 | 3:17 | 0.1 | 2:34 | 0.8 | 5:53 | 7:17 | |
| 2 | Wed | 11:11 | 1.3 | 9:12 | 1.2 | 3:50 | 0.1 | 4:19 | 0.9 | 5:53 | 7:17 | |
| 3 | Thu | | | 12:06 | 1.5 | 4:22 | 0.1 | 6:16 | 0.9 | 5:53 | 7:17 | |
| 4 | Fri | | | 12:50 | 1.7 | 4:56 | 0.1 | 8:02 | 0.8 | 5:54 | 7:17 | |
| 5 | Sat | | | 1:29 | 1.9 | 5:30 | 0.1 | 9:05 | 0.6 | 5:54 | 7:17 | |
| 6 | Sun | 12:12 | 0.7 | 2:06 | 2.0 | 6:07 | 0.0 | 9:43 | 0.5 | 5:55 | 7:17 | |
| 7 | Mon | 1:12 | 0.6 | 2:42 | 2.2 | 6:46 | 0.0 | 10:15 | 0.4 | 5:55 | 7:17 | |
| 8 | Tue | 2:03 | 0.6 | 3:18 | 2.2 | 7:26 | 0.0 | 10:47 | 0.3 | 5:55 | 7:17 | |
| 9 | Wed | 2:47 | 0.6 | 3:53 | 2.3 | 8:05 | -0.1 | 11:18 | 0.2 | 5:56 | 7:17 | |
| 10 | Thu | 3:29 | 0.6 | 4:29 | 2.4 | 8:45 | -0.1 | 11:50 | 0.2 | 5:56 | 7:17 | |
| 11 | Fri | 4:12 | 0.6 | 5:03 | 2.4 | 9:24 | -0.1 | | | 5:56 | 7:17 | |
| 12 | Sat | 4:57 | 0.7 | 5:38 | 2.3 | 12:22 | 0.2 | 10:06 AM | 0.0 | 5:57 | 7:17 | |
| 13 | Sun | 5:49 | 0.8 | 6:12 | 2.2 | 12:54 | 0.1 | 10:50 AM | 0.1 | 5:57 | 7:16 | |
| 14 | Mon | 6:48 | 0.9 | 6:47 | 2.0 | 1:26 | 0.1 | 11:42 AM | 0.3 | 5:58 | 7:16 | |
| 15 | Tue | 7:57 | 1.1 | 7:22 | 1.8 | 1:58 | 0.1 | 12:48 | 0.6 | 5:58 | 7:16 | |
| 16 | Wed | 9:13 | 1.3 | 8:00 | 1.5 | 2:31 | 0.1 | 2:21 | 0.8 | 5:58 | 7:16 | |
| 17 | Thu | 10:28 | 1.6 | 8:45 | 1.2 | 3:07 | 0.0 | 4:23 | 0.9 | 5:59 | 7:16 | |
| 18 | Fri | 11:35 | 1.9 | 9:48 | 0.9 | 3:46 | 0.0 | 6:36 | 0.8 | 5:59 | 7:15 | |
| 19 | Sat | | | 12:33 | 2.1 | 4:31 | -0.1 | 8:18 | 0.6 | 6:00 | 7:15 | |
| 20 | Sun | | | 1:25 | 2.4 | 5:22 | -0.1 | 9:14 | 0.4 | 6:00 | 7:15 | |
| 21 | Mon | 12:44 | 0.6 | 2:13 | 2.5 | 6:16 | -0.1 | 9:55 | 0.3 | 6:00 | 7:14 | |
| 22 | Tue | 1:51 | 0.6 | 2:58 | 2.6 | 7:10 | -0.2 | 10:31 | 0.2 | 6:01 | 7:14 | |
| 23 | Wed | 2:47 | 0.7 | 3:40 | 2.6 | 8:02 | -0.2 | 11:03 | 0.2 | 6:01 | 7:14 | |
| 24 | Thu | 3:37 | 0.7 | 4:20 | 2.5 | 8:52 | -0.1 | 11:34 | 0.2 | 6:02 | 7:13 | |
| 25 | Fri | 4:24 | 0.8 | 4:57 | 2.4 | 9:39 | 0.0 | | | 6:02 | 7:13 | |
| 26 | Sat | 5:11 | 0.9 | 5:32 | 2.3 | 12:03 | 0.2 | 10:24 AM | 0.1 | 6:02 | 7:13 | |
| 27 | Sun | 6:00 | 1.0 | 6:04 | 2.1 | 12:32 | 0.2 | 11:10 AM | 0.3 | 6:03 | 7:12 | |
| 28 | Mon | 6:51 | 1.1 | 6:33 | 1.8 | 12:59 | 0.2 | 11:59 AM | 0.5 | 6:03 | 7:12 | |
| 29 | Tue | 7:48 | 1.2 | 6:59 | 1.6 | 1:27 | 0.2 | 12:57 | 0.7 | 6:04 | 7:11 | |

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 30 | Wed | **8:53** | 1.4 | **7:21** | 1.3 | **1:56** | 0.2 | **2:12** | 0.9 | 6:04 | 7:11 | |
| 31 | Thu | **10:04** | 1.5 | **7:37** | 1.1 | **2:27** | 0.2 | **3:59** | 1.0 | 6:04 | 7:10 | |