




















Kawaihae, HI - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:47	2.2	7:43	1.1			1:54	0.0	6:58	5:55	
2	Tue	7:24	1.9	8:59	1.3	12:48	0.4	2:29	-0.1	6:58	5:56	
3	Wed	8:05	1.6	10:17	1.5	2:04	0.7	3:06	-0.1	6:59	5:56	
4	Thu	8:55	1.3	11:28	1.8	3:54	0.8	3:49	-0.1	6:59	5:57	
5	Fri	10:01	1.0			6:12	0.8	4:38	-0.2	6:59	5:58	
6	Sat	12:30	2.1	11:27 AM	0.7	7:55	0.5	5:33	-0.2	6:59	5:58	
7	Sun	1:24	2.4	12:51	0.6	8:58	0.3	6:28	-0.3	7:00	5:59	
8	Mon	2:14	2.6	2:01	0.6	9:44	0.1	7:23	-0.3	7:00	5:59	
9	Tue	3:00	2.7	2:58	0.7	10:24	0.0	8:14	-0.4	7:00	6:00	
10	Wed	3:43	2.7	3:48	0.7	11:01	-0.1	9:03	-0.4	7:00	6:01	
11	Thu	4:24	2.7	4:34	0.8	11:35	-0.1	9:50	-0.3	7:00	6:01	
12	Fri	5:02	2.6	5:19	0.9			12:07	-0.1	7:00	6:02	
13	Sat	5:37	2.4	6:05	1.0			12:37	-0.1	7:01	6:03	
14	Sun	6:09	2.2	6:54	1.1			1:06	-0.1	7:01	6:03	
15	Mon	6:39	1.9	7:48	1.2	12:08	0.3	1:34	0.0	7:01	6:04	
16	Tue	7:07	1.6	8:50	1.3	12:59	0.5	2:02	0.0	7:01	6:05	
17	Wed	7:32	1.4	10:00	1.4	2:02	0.7	2:32	0.0	7:01	6:05	
18	Thu	7:54	1.1	11:09	1.6	3:33	0.9	3:07	0.1	7:01	6:06	
19	Fri							3:50	0.1	7:01	6:07	
20	Sat	12:10	1.7					4:45	0.1	7:01	6:07	
21	Sun	1:01	1.9	12:00	0.5	9:09	0.5	5:44	0.0	7:01	6:08	
22	Mon	1:45	2.0	1:17	0.5	9:30	0.3	6:39	-0.1	7:00	6:09	
23	Tue	2:25	2.2	2:09	0.6	9:53	0.2	7:27	-0.1	7:00	6:09	
24	Wed	3:01	2.3	2:51	0.6	10:17	0.1	8:11	-0.2	7:00	6:10	
25	Thu	3:36	2.4	3:30	0.7	10:42	0.1	8:53	-0.3	7:00	6:11	
26	Fri	4:09	2.5	4:10	0.9	11:09	0.0	9:36	-0.3	7:00	6:11	
27	Sat	4:41	2.4	4:51	1.0	11:36	-0.1	10:20	-0.2	7:00	6:12	
28	Sun	5:14	2.4	5:36	1.2			12:03	-0.1	6:59	6:12	
29	Mon	5:46	2.2	6:25	1.3			12:31	-0.2	6:59	6:13	
30	Tue	6:19	1.9	7:20	1.5	12:00	0.2	1:01	-0.2	6:59	6:14	
31	Wed	6:52	1.6	8:25	1.6	1:01	0.4	1:33	-0.2	6:59	6:14	