





Kuheia Bay, Kahoolawe Island, HI - Jul 2022

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|----------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 5:11 | 0.8 | 5:52 | 2.3 | 12:47 | 0.2 | 10:11 AM | 0.1 | 5:49 | 7:11 | ● |
| 2 | Sat | 5:59 | 0.8 | 6:26 | 2.2 | 1:23 | 0.2 | 10:48 AM | 0.2 | 5:49 | 7:11 | ● |
| 3 | Sun | 6:59 | 0.8 | 7:00 | 2.1 | 2:00 | 0.2 | 11:30 AM | 0.3 | 5:50 | 7:11 | ◐ |
| 4 | Mon | 8:13 | 1.0 | 7:37 | 2.0 | 2:36 | 0.2 | 12:24 | 0.5 | 5:50 | 7:11 | ◑ |
| 5 | Tue | 9:33 | 1.1 | 8:16 | 1.8 | 3:10 | 0.2 | 1:45 | 0.7 | 5:50 | 7:11 | ◒ |
| 6 | Wed | 10:44 | 1.4 | 9:02 | 1.6 | 3:43 | 0.1 | 3:37 | 0.8 | 5:51 | 7:11 | ◓ |
| 7 | Thu | 11:40 | 1.7 | 9:58 | 1.4 | 4:17 | 0.0 | 5:30 | 0.8 | 5:51 | 7:11 | ◔ |
| 8 | Fri | | | 12:29 | 2.0 | 4:52 | 0.0 | 7:06 | 0.7 | 5:52 | 7:11 | ◕ |
| 9 | Sat | | | 1:16 | 2.3 | 5:31 | -0.1 | 8:21 | 0.5 | 5:52 | 7:11 | ◖ |
| 10 | Sun | 12:15 | 1.0 | 2:02 | 2.6 | 6:14 | -0.2 | 9:20 | 0.4 | 5:52 | 7:11 | ◗ |
| 11 | Mon | 1:21 | 0.9 | 2:47 | 2.8 | 7:00 | -0.3 | 10:10 | 0.2 | 5:53 | 7:10 | ◘ |
| 12 | Tue | 2:22 | 0.9 | 3:33 | 2.9 | 7:49 | -0.3 | 10:55 | 0.1 | 5:53 | 7:10 | ◙ |
| 13 | Wed | 3:19 | 0.9 | 4:19 | 2.9 | 8:39 | -0.3 | 11:38 | 0.1 | 5:53 | 7:10 | ◚ |
| 14 | Thu | 4:15 | 0.9 | 5:03 | 2.9 | 9:30 | -0.2 | | | 5:54 | 7:10 | ◛ |
| 15 | Fri | 5:11 | 1.0 | 5:47 | 2.7 | 12:20 | 0.1 | 10:22 AM | -0.1 | 5:54 | 7:10 | ◜ |
| 16 | Sat | 6:11 | 1.1 | 6:30 | 2.5 | 1:00 | 0.1 | 11:15 AM | 0.1 | 5:55 | 7:10 | ◝ |
| 17 | Sun | 7:17 | 1.2 | 7:11 | 2.2 | 1:39 | 0.1 | 12:14 | 0.4 | 5:55 | 7:09 | ◞ |
| 18 | Mon | 8:30 | 1.3 | 7:53 | 1.9 | 2:18 | 0.1 | 1:25 | 0.6 | 5:55 | 7:09 | ◟ |
| 19 | Tue | 9:47 | 1.5 | 8:36 | 1.6 | 2:55 | 0.1 | 2:57 | 0.8 | 5:56 | 7:09 | ◠ |
| 20 | Wed | 10:58 | 1.7 | 9:26 | 1.3 | 3:33 | 0.1 | 4:53 | 0.9 | 5:56 | 7:09 | ◡ |
| 21 | Thu | 11:57 | 1.9 | 10:30 | 1.1 | 4:11 | 0.1 | 7:01 | 0.8 | 5:56 | 7:08 | ◢ |
| 22 | Fri | | | 12:46 | 2.1 | 4:50 | 0.1 | 8:29 | 0.7 | 5:57 | 7:08 | ◣ |
| 23 | Sat | | | 1:28 | 2.3 | 5:31 | 0.1 | 9:15 | 0.5 | 5:57 | 7:08 | ◤ |
| 24 | Sun | 12:47 | 0.9 | 2:06 | 2.3 | 6:13 | 0.1 | 9:47 | 0.4 | 5:58 | 7:07 | ◥ |
| 25 | Mon | 1:39 | 0.9 | 2:42 | 2.4 | 6:56 | 0.1 | 10:13 | 0.4 | 5:58 | 7:07 | ◦ |
| 26 | Tue | 2:23 | 0.9 | 3:17 | 2.4 | 7:37 | 0.0 | 10:38 | 0.3 | 5:58 | 7:07 | ◧ |
| 27 | Wed | 3:01 | 0.9 | 3:50 | 2.5 | 8:17 | 0.0 | 11:04 | 0.3 | 5:59 | 7:06 | ◨ |
| 28 | Thu | 3:38 | 0.9 | 4:21 | 2.5 | 8:54 | 0.0 | 11:32 | 0.3 | 5:59 | 7:06 | ◩ |
| 29 | Fri | 4:15 | 1.0 | 4:52 | 2.4 | 9:31 | 0.1 | | | 6:00 | 7:05 | ◪ |

| Date | | High | | | | Low | | | |  | |  |
|-----------|-----|-------------|-----|-------------|-----|--------------|-----|---------------------|-----|--|------|--|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 30 | Sat | 4:54 | 1.0 | 5:21 | 2.4 | 12:00 | 0.3 | 10:08 AM | 0.1 | 6:00 | 7:05 | ● |
| 31 | Sun | 5:37 | 1.1 | 5:50 | 2.3 | 12:28 | 0.3 | 10:47 AM | 0.3 | 6:00 | 7:04 | ● |