




























Pukoo Harbor, HI - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:48	2.0	6:54	1.0			1:18	0.0	7:04	5:57	
2	Tue	6:25	1.8	8:16	1.2			1:54	0.0	7:04	5:58	
3	Wed	7:06	1.5	9:35	1.5	1:27	0.7	2:32	-0.1	7:05	5:58	
4	Thu	7:55	1.2	10:42	1.8	3:34	0.8	3:14	-0.1	7:05	5:59	
5	Fri	9:06	0.9	11:38	2.1	5:44	0.7	4:00	-0.2	7:05	5:59	
6	Sat	10:33	0.8			7:21	0.5	4:49	-0.2	7:05	6:00	
7	Sun	12:29	2.3	11:50 AM	0.7	8:20	0.3	5:41	-0.3	7:06	6:01	
8	Mon	1:15	2.5	12:54	0.6	9:03	0.2	6:32	-0.3	7:06	6:01	
9	Tue	2:00	2.6	1:49	0.7	9:41	0.1	7:22	-0.3	7:06	6:02	
10	Wed	2:42	2.6	2:39	0.7	10:16	0.0	8:10	-0.3	7:06	6:03	
11	Thu	3:22	2.5	3:26	0.8	10:49	0.0	8:56	-0.2	7:06	6:03	
12	Fri	3:59	2.4	4:13	0.9	11:20	0.0	9:41	-0.1	7:06	6:04	
13	Sat	4:34	2.2	5:02	1.0	11:50	0.0	10:26	0.1	7:06	6:05	
14	Sun	5:07	2.0	5:54	1.0			12:20	0.0	7:06	6:05	
15	Mon	5:37	1.8	6:54	1.1			12:50	0.0	7:06	6:06	
16	Tue	6:04	1.5	8:03	1.2	12:10	0.5	1:21	0.0	7:06	6:07	
17	Wed	6:27	1.3	9:18	1.4	1:26	0.7	1:54	0.1	7:06	6:07	
18	Thu	6:44	1.0	10:27	1.5	3:16	0.8	2:33	0.1	7:06	6:08	
19	Fri			11:22	1.7			3:18	0.1	7:06	6:09	
20	Sat							4:10	0.0	7:06	6:09	
21	Sun	12:08	1.8	11:10 AM	0.6	8:25	0.4	5:02	0.0	7:06	6:10	
22	Mon	12:48	2.0	12:14	0.6	8:41	0.3	5:51	-0.1	7:06	6:11	
23	Tue	1:25	2.1	1:00	0.6	9:04	0.2	6:36	-0.2	7:06	6:11	
24	Wed	2:00	2.2	1:41	0.6	9:28	0.1	7:19	-0.2	7:06	6:12	
25	Thu	2:33	2.3	2:21	0.7	9:55	0.0	8:00	-0.3	7:05	6:13	
26	Fri	3:06	2.3	3:01	0.8	10:22	0.0	8:41	-0.2	7:05	6:13	
27	Sat	3:38	2.3	3:45	0.9	10:50	-0.1	9:24	-0.2	7:05	6:14	
28	Sun	4:10	2.2	4:32	1.1	11:17	-0.1	10:12	0.0	7:05	6:15	
29	Mon	4:42	2.0	5:25	1.2	11:46	-0.1	11:06	0.2	7:04	6:15	
30	Tue	5:14	1.8	6:25	1.4			12:15	-0.1	7:04	6:16	
31	Wed	5:46	1.5	7:37	1.5	12:14	0.4	12:48	-0.1	7:04	6:17	