

Bastian Island, LA - Mar 2010

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|----------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 12:25 | 0.7 | 12:37 | 0.2 | 9:16 | 0.1 | 4:56 | -0.1 | 6:23 | 5:58 | ☉ |
| 2 | Tue | 2:13 | 0.5 | 12:13 | 0.4 | 5:25 | 0.3 | 6:55 | -0.1 | 6:22 | 5:58 | ☉ |
| 3 | Wed | | | 12:09 | 0.6 | | | 10:36 | -0.3 | 6:21 | 5:59 | ☉ |
| 4 | Thu | | | 12:55 | 0.8 | | | 11:55 | -0.4 | 6:20 | 6:00 | ☾ |
| 5 | Fri | | | 1:48 | 0.9 | | | | | 6:19 | 6:00 | ☾ |
| 6 | Sat | | | 2:43 | 1.0 | 1:10 | -0.5 | | | 6:18 | 6:01 | ☾ |
| 7 | Sun | | | 3:42 | 1.0 | 2:25 | -0.5 | | | 6:17 | 6:02 | ☾ |
| 8 | Mon | | | 4:48 | 1.0 | 3:32 | -0.5 | | | 6:16 | 6:02 | ☾ |
| 9 | Tue | | | 6:04 | 0.9 | 4:28 | -0.4 | | | 6:14 | 6:03 | ☾ |
| 10 | Wed | | | 7:18 | 0.9 | 5:13 | -0.4 | | | 6:13 | 6:03 | ☾ |
| 11 | Thu | | | 8:22 | 0.8 | 5:49 | -0.3 | | | 6:12 | 6:04 | ☾ |
| 12 | Fri | | | 9:20 | 0.8 | 6:17 | -0.1 | | | 6:11 | 6:05 | ☾ |
| 13 | Sat | | | 10:19 | 0.7 | 6:35 | 0.0 | | | 6:10 | 6:05 | ☾ |
| 14 | Sun | | | 1:29 | 0.3 | 7:30 | 0.2 | 4:26 | 0.2 | 7:09 | 7:06 | ☾ |
| 15 | Mon | 12:29 | 0.6 | 12:23 | 0.4 | 6:00 | 0.3 | 5:44 | 0.2 | 7:08 | 7:07 | ☾ |
| 16 | Tue | 2:01 | 0.5 | 12:24 | 0.6 | 5:25 | 0.4 | 6:59 | 0.1 | 7:06 | 7:07 | ☾ |
| 17 | Wed | | | 12:35 | 0.7 | | | 8:50 | 0.0 | 7:05 | 7:08 | ☾ |
| 18 | Thu | | | 12:49 | 0.8 | | | 11:01 | -0.1 | 7:04 | 7:08 | ☾ |
| 19 | Fri | | | 1:12 | 1.0 | | | | | 7:03 | 7:09 | ☾ |
| 20 | Sat | | | 1:52 | 1.1 | 12:02 | -0.2 | | | 7:02 | 7:10 | ☾ |
| 21 | Sun | | | 2:43 | 1.2 | 1:01 | -0.3 | | | 7:00 | 7:10 | ☾ |
| 22 | Mon | | | 3:39 | 1.3 | 2:05 | -0.4 | | | 6:59 | 7:11 | ☾ |
| 23 | Tue | | | 4:46 | 1.3 | 3:12 | -0.4 | | | 6:58 | 7:11 | ☾ |
| 24 | Wed | | | 6:17 | 1.2 | 4:17 | -0.4 | | | 6:57 | 7:12 | ☾ |
| 25 | Thu | | | 8:06 | 1.1 | 5:15 | -0.3 | | | 6:56 | 7:12 | ☾ |
| 26 | Fri | | | 9:47 | 1.0 | 6:09 | -0.2 | | | 6:55 | 7:13 | ☾ |
| 27 | Sat | | | 11:30 | 0.9 | 6:59 | 0.1 | | | 6:53 | 7:14 | ☾ |
| 28 | Sun | 11:56 | 0.4 | | | 7:47 | 0.3 | 4:25 | 0.2 | 6:52 | 7:14 | ☾ |
| 29 | Mon | 1:29 | 0.8 | 11:14 AM | 0.7 | 5:04 | 0.6 | 6:05 | 0.0 | 6:51 | 7:15 | ☾ |
| 30 | Tue | 9:56 | 0.9 | | | | | 8:07 | -0.1 | 6:50 | 7:15 | ☾ |
| 31 | Wed | 10:49 | 1.1 | | | | | 10:03 | -0.2 | 6:49 | 7:16 | ☾ |