

Cote Blanche Island, LA - Jul 1990

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|----------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 10:46 | 1.1 | | | | | 9:15 | 0.0 | 6:09 | 8:11 | ☾ |
| 2 | Mon | 7:55 | 1.3 | | | | | 9:51 | -0.2 | 6:10 | 8:11 | ☾ |
| 3 | Tue | 8:17 | 1.4 | | | | | 10:27 | -0.3 | 6:10 | 8:11 | ☾ |
| 4 | Wed | 8:34 | 1.4 | | | | | 11:03 | -0.3 | 6:11 | 8:11 | ☾ |
| 5 | Thu | 8:44 | 1.4 | | | | | 11:40 | -0.4 | 6:11 | 8:11 | ☾ |
| 6 | Fri | 8:58 | 1.4 | | | | | | | 6:12 | 8:11 | ☾ |
| 7 | Sat | 9:18 | 1.4 | | | 12:16 | -0.4 | | | 6:12 | 8:10 | ☾ |
| 8 | Sun | 9:43 | 1.4 | | | 12:51 | -0.4 | | | 6:12 | 8:10 | ☾ |
| 9 | Mon | 10:09 | 1.4 | | | 1:26 | -0.3 | | | 6:13 | 8:10 | ☾ |
| 10 | Tue | 10:34 | 1.3 | | | 1:59 | -0.3 | | | 6:13 | 8:10 | ☾ |
| 11 | Wed | 10:57 | 1.3 | | | 2:34 | -0.1 | | | 6:14 | 8:10 | ☾ |
| 12 | Thu | 11:14 | 1.2 | 9:29 | 0.9 | 3:10 | 0.1 | 6:06 | 0.8 | 6:14 | 8:09 | ☾ |
| 13 | Fri | 11:25 | 1.2 | 11:58 | 0.8 | 3:49 | 0.3 | 6:23 | 0.5 | 6:15 | 8:09 | ☾ |
| 14 | Sat | 11:27 | 1.1 | | | 4:32 | 0.6 | 6:51 | 0.2 | 6:15 | 8:09 | ☾ |
| 15 | Sun | 2:17 | 1.0 | 11:21 AM | 1.2 | 5:20 | 0.9 | 7:29 | -0.1 | 6:16 | 8:09 | ☾ |
| 16 | Mon | 4:02 | 1.2 | 10:59 AM | 1.2 | 6:22 | 1.2 | 8:15 | -0.3 | 6:17 | 8:08 | ☾ |
| 17 | Tue | 5:26 | 1.4 | | | | | 9:08 | -0.5 | 6:17 | 8:08 | ☾ |
| 18 | Wed | 6:29 | 1.5 | | | | | 10:03 | -0.7 | 6:18 | 8:07 | ☾ |
| 19 | Thu | 7:17 | 1.6 | | | | | 10:58 | -0.7 | 6:18 | 8:07 | ☾ |
| 20 | Fri | 7:57 | 1.6 | | | | | 11:51 | -0.7 | 6:19 | 8:07 | ☾ |
| 21 | Sat | 8:32 | 1.5 | 3:40 | 1.5 | 11:58 | 1.4 | | | 6:19 | 8:06 | ☾ |
| 22 | Sun | 9:03 | 1.4 | 5:10 | 1.4 | 12:42 | -0.6 | 12:30 | 1.3 | 6:20 | 8:06 | ☾ |
| 23 | Mon | 9:32 | 1.3 | 6:35 | 1.3 | 1:30 | -0.4 | 1:30 | 1.1 | 6:21 | 8:05 | ☾ |
| 24 | Tue | 10:00 | 1.2 | 7:56 | 1.2 | 2:16 | -0.2 | 2:55 | 1.0 | 6:21 | 8:05 | ☾ |
| 25 | Wed | 10:25 | 1.2 | 9:23 | 1.0 | 2:58 | 0.1 | 4:16 | 0.8 | 6:22 | 8:04 | ☾ |
| 26 | Thu | 10:46 | 1.1 | 11:06 | 0.9 | 3:37 | 0.4 | 5:18 | 0.5 | 6:22 | 8:03 | ☾ |
| 27 | Fri | 10:59 | 1.1 | | | 4:11 | 0.7 | 6:09 | 0.3 | 6:23 | 8:03 | ☾ |
| 28 | Sat | 1:15 | 1.0 | 10:46 AM | 1.1 | 4:29 | 0.9 | 6:54 | 0.2 | 6:23 | 8:02 | ☾ |
| 29 | Sun | 9:40 | 1.2 | | | | | 7:39 | 0.0 | 6:24 | 8:02 | ☾ |
| 30 | Mon | 7:51 | 1.3 | | | | | 8:24 | -0.1 | 6:25 | 8:01 | ☾ |
| 31 | Tue | 7:55 | 1.4 | | | | | 9:10 | -0.2 | 6:25 | 8:00 | ☾ |