








## Grand Isle, LA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			7:52	1.3	6:09	-1.0			6:54	5:12	
2	Fri			8:48	1.3	7:06	-1.0			6:54	5:13	
3	Sat			9:44	1.2	8:05	-1.0			6:54	5:14	
4	Sun			10:38	1.1	9:04	-0.9			6:54	5:15	
5	Mon			11:30	0.9	9:57	-0.7			6:54	5:15	
6	Tue					10:41	-0.5			6:54	5:16	
7	Wed	12:14	0.6			11:10	-0.3			6:55	5:17	
8	Thu	12:27	0.4	7:35	0.2	10:42	-0.1			6:55	5:18	
9	Fri			4:37	0.3	7:43	0.0			6:55	5:18	
10	Sat			4:09	0.4	3:51	-0.2			6:55	5:19	
11	Sun			4:32	0.6	3:57	-0.4			6:55	5:20	
12	Mon			5:12	0.7	4:24	-0.5			6:55	5:21	
13	Tue			6:00	0.8	4:56	-0.6			6:54	5:22	
14	Wed			6:48	0.8	5:29	-0.7			6:54	5:23	
15	Thu			7:34	0.9	6:05	-0.8			6:54	5:23	
16	Fri			8:17	0.9	6:41	-0.8			6:54	5:24	
17	Sat			8:56	0.9	7:19	-0.8			6:54	5:25	
18	Sun			9:32	0.9	7:57	-0.8			6:54	5:26	
19	Mon			10:06	0.8	8:34	-0.7			6:53	5:27	
20	Tue			10:37	0.7	9:08	-0.6			6:53	5:28	
21	Wed			11:02	0.5	9:37	-0.5			6:53	5:28	
22	Thu			10:36	0.3	9:49	-0.3			6:53	5:29	
23	Fri			3:37	0.1	8:23	-0.1			6:52	5:30	
24	Sat			3:19	0.3	5:57	0.0			6:52	5:31	
25	Sun			3:23	0.5	1:43	-0.3			6:52	5:32	
26	Mon			3:49	0.7	2:34	-0.5			6:51	5:33	
27	Tue			4:41	0.9	3:26	-0.8			6:51	5:34	
28	Wed			5:50	1.0	4:20	-0.9			6:50	5:34	
29	Thu			6:58	1.1	5:14	-1.0			6:50	5:35	
30	Fri			8:02	1.1	6:09	-1.0			6:49	5:36	
31	Sat			9:01	1.0	7:04	-1.0			6:49	5:37	