














Rabbit Island, 5 miles south of, LA - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:50	2.0					5:40	-0.3	6:26	7:58	
2	Thu	6:17	2.0					6:24	-0.3	6:26	7:58	
3	Fri	6:20	2.0					7:05	-0.4	6:27	7:57	
4	Sat	6:02	2.0					7:42	-0.4	6:28	7:56	
5	Sun	6:07	2.0	12:24	1.9	8:28	1.9	8:16	-0.3	6:28	7:55	
6	Mon	6:20	1.9	1:56	1.8	8:49	1.7	8:48	-0.2	6:29	7:55	
7	Tue	6:36	1.9	3:30	1.7	9:32	1.6	9:21	0.1	6:29	7:54	
8	Wed	6:51	1.8	5:02	1.6	10:22	1.3	9:55	0.4	6:30	7:53	
9	Thu	7:04	1.8	6:34	1.5	11:11	1.0	10:31	0.7	6:31	7:52	
10	Fri	7:12	1.7	8:15	1.6	11:58	0.7	11:12	1.1	6:31	7:51	
11	Sat	7:15	1.7	10:12	1.7			12:47	0.3	6:32	7:50	
12	Sun	7:11	1.8					1:38	0.0	6:32	7:49	
13	Mon	6:46	1.9					2:33	-0.2	6:33	7:49	
14	Tue	4:24	2.1					3:34	-0.4	6:33	7:48	
15	Wed	4:30	2.3					4:39	-0.5	6:34	7:47	
16	Thu	4:38	2.3					5:42	-0.5	6:35	7:46	
17	Fri	4:46	2.3					6:41	-0.5	6:35	7:45	
18	Sat	5:03	2.2	12:40	2.2	7:09	2.1	7:34	-0.3	6:36	7:44	
19	Sun	5:22	2.1	2:15	2.1	7:34	1.9	8:20	-0.1	6:36	7:43	
20	Mon	5:43	2.0	3:37	2.0	8:19	1.6	9:02	0.2	6:37	7:42	
21	Tue	6:03	1.9	4:52	2.0	9:10	1.4	9:39	0.6	6:37	7:41	
22	Wed	6:22	1.8	6:05	1.9	10:04	1.1	10:12	0.9	6:38	7:40	
23	Thu	6:36	1.8	7:22	1.8	10:58	0.9	10:41	1.3	6:38	7:38	
24	Fri	6:41	1.8	8:51	1.8	11:50	0.6	11:03	1.6	6:39	7:37	
25	Sat	6:23	1.8					12:40	0.5	6:40	7:36	
26	Sun	5:42	1.9					1:29	0.4	6:40	7:35	
27	Mon	4:13	2.1					2:21	0.3	6:41	7:34	
28	Tue	4:14	2.2					3:15	0.2	6:41	7:33	
29	Wed	4:47	2.3					4:12	0.2	6:42	7:32	
30	Thu	5:20	2.3					5:06	0.2	6:42	7:31	
31	Fri	5:34	2.3					5:56	0.2	6:43	7:30	