














Rabbit Island, 5 miles south of, LA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:55	1.7					5:15	-0.3	6:10	8:10	
2	Thu	4:41	1.9					5:57	-0.5	6:10	8:10	
3	Fri	5:30	2.1					6:37	-0.5	6:11	8:10	
4	Sat	6:03	2.1					7:15	-0.6	6:11	8:10	
5	Sun	6:25	2.0					7:51	-0.5	6:12	8:10	
6	Mon	6:44	2.0					8:26	-0.5	6:12	8:09	
7	Tue	7:04	1.9					9:00	-0.4	6:12	8:09	
8	Wed	7:27	1.9					9:32	-0.3	6:13	8:09	
9	Thu	7:51	1.8					10:04	-0.1	6:13	8:09	
10	Fri	8:14	1.8					10:34	0.1	6:14	8:09	
11	Sat	8:34	1.7	5:25	1.2			2:00	1.2	6:14	8:08	
12	Sun	8:48	1.7	7:37	1.1			2:14	0.9	6:15	8:08	
13	Mon	8:53	1.6	10:27	1.1			2:35	0.6	6:15	8:08	
14	Tue	8:50	1.6			12:05	1.0	2:59	0.3	6:16	8:08	
15	Wed	8:40	1.6					3:30	0.0	6:16	8:07	
16	Thu	8:14	1.7					4:08	-0.3	6:17	8:07	
17	Fri	5:47	1.9					4:54	-0.6	6:18	8:07	
18	Sat	4:12	2.1					5:44	-0.8	6:18	8:06	
19	Sun	4:49	2.2					6:36	-1.0	6:19	8:06	
20	Mon	11:21	2.1					7:28	-1.0	6:19	8:05	
21	Tue	5:56	2.1	1:07	2.1	7:17	2.0	8:20	-0.9	6:20	8:05	
22	Wed	6:26	2.0	2:42	2.1	8:01	1.8	9:10	-0.7	6:20	8:04	
23	Thu	6:54	1.9	4:13	1.9	9:03	1.6	10:01	-0.4	6:21	8:04	
24	Fri	7:21	1.8	5:43	1.8	10:25	1.3	10:51	0.1	6:22	8:03	
25	Sat	7:46	1.7	7:18	1.6	11:49	0.9	11:42	0.6	6:22	8:03	
26	Sun	8:08	1.6	9:08	1.5			12:59	0.5	6:23	8:02	
27	Mon	8:25	1.6	11:14	1.6	12:35	1.0	1:59	0.2	6:23	8:02	
28	Tue	8:24	1.6			1:36	1.4	2:54	-0.1	6:24	8:01	
29	Wed	1:53	1.7					3:48	-0.2	6:24	8:00	
30	Thu	4:12	1.9					4:40	-0.3	6:25	8:00	
31	Fri	5:04	2.0					5:31	-0.3	6:26	7:59	