
















Rabbit Island, 5 miles south of, LA - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:43	1.6					2:08	0.4	6:26	7:58	
2	Mon	7:38	1.7					2:47	0.1	6:27	7:58	
3	Tue	7:22	1.8					3:29	-0.1	6:27	7:57	
4	Wed	5:53	1.9					4:16	-0.2	6:28	7:56	
5	Thu	5:51	2.0					5:05	-0.4	6:28	7:55	
6	Fri	5:00	2.1					5:56	-0.5	6:29	7:55	
7	Sat	4:55	2.1	10:29 AM	2.1	7:23	2.1	6:45	-0.6	6:30	7:54	
8	Sun	5:12	2.1	12:30	2.1	6:46	2.0	7:33	-0.6	6:30	7:53	
9	Mon	5:32	2.0	2:06	2.1	7:25	1.8	8:20	-0.4	6:31	7:52	
10	Tue	5:54	1.9	3:37	2.0	8:16	1.5	9:06	-0.1	6:31	7:51	
11	Wed	6:15	1.9	5:04	2.0	9:14	1.2	9:54	0.3	6:32	7:50	
12	Thu	6:36	1.8	6:30	1.9	10:20	0.9	10:43	0.7	6:32	7:49	
13	Fri	6:56	1.8	8:02	1.9	11:29	0.5	11:36	1.2	6:33	7:48	
14	Sat	7:12	1.8	9:46	1.9			12:35	0.2	6:34	7:47	
15	Sun	7:20	1.8	11:45	2.0	12:40	1.6	1:38	0.0	6:34	7:46	
16	Mon	7:02	1.9			2:30	1.9	2:40	-0.2	6:35	7:46	
17	Tue	2:12	2.1					3:43	-0.2	6:35	7:45	
18	Wed	4:00	2.2					4:46	-0.2	6:36	7:44	
19	Thu	4:52	2.2					5:44	-0.1	6:36	7:43	
20	Fri	5:23	2.2					6:35	0.0	6:37	7:41	
21	Sat	5:22	2.1					7:17	0.1	6:38	7:40	
22	Sun	5:19	2.0	1:06	1.9	8:34	1.9	7:52	0.2	6:38	7:39	
23	Mon	5:27	2.0	2:32	1.9	8:22	1.7	8:21	0.4	6:39	7:38	
24	Tue	5:39	1.9	3:42	1.8	8:43	1.6	8:47	0.6	6:39	7:37	
25	Wed	5:52	1.9	4:48	1.8	9:17	1.4	9:11	0.8	6:40	7:36	
26	Thu	6:02	1.9	5:53	1.7	9:58	1.2	9:35	1.0	6:40	7:35	
27	Fri	6:08	1.9	7:02	1.7	10:41	1.0	10:00	1.3	6:41	7:34	
28	Sat	6:10	1.9	8:22	1.8	11:25	0.8	10:26	1.6	6:41	7:33	
29	Sun	6:10	1.9					12:09	0.6	6:42	7:32	
30	Mon	6:06	2.0					12:54	0.5	6:42	7:31	
31	Tue	5:43	2.1					1:43	0.3	6:43	7:29	