

Shell Beach, LA - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:33	0.6	5:12	0.4	10:46	0.1	10:34	0.2	6:23	5:58	●
2	Tue	4:27	0.5	4:32	0.5	10:44	0.2	11:13	0.1	6:22	5:58	●
3	Wed	5:25	0.4	4:28	0.7	10:45	0.3	11:48	0.0	6:21	5:59	●
4	Thu	7:28	0.4	4:43	0.8	10:39	0.3			6:20	6:00	●
5	Fri			5:04	0.9	12:26	0.0			6:19	6:00	◐
6	Sat			5:31	0.9	1:12	-0.1			6:18	6:01	◐
7	Sun			6:04	1.0	2:11	-0.1			6:17	6:02	◐
8	Mon			6:49	1.0	6:15	-0.1			6:16	6:02	◐
9	Tue			7:42	1.0	7:22	-0.2			6:14	6:03	◐
10	Wed			8:38	1.1	8:18	-0.2			6:13	6:03	◐
11	Thu			9:52	1.0	9:06	-0.2			6:12	6:04	◐
12	Fri					9:44	-0.2			6:11	6:05	◐
13	Sat	12:09	1.0			10:13	-0.1			6:10	6:05	○
14	Sun	1:40	1.0	5:12	0.6	10:30	0.1	8:16	0.5	6:09	6:06	○
15	Mon	3:23	0.9	4:43	0.6	10:32	0.3	9:42	0.4	6:07	6:07	○
16	Tue	4:53	0.9	3:59	0.7	10:29	0.5	10:38	0.2	6:06	6:07	○
17	Wed	6:47	0.8	3:23	0.9	10:26	0.7	11:29	0.0	6:05	6:08	○
18	Thu			3:36	1.1					6:04	6:09	○
19	Fri			4:07	1.2	12:29	-0.1			6:03	6:09	○
20	Sat			4:44	1.3	1:43	-0.1			6:01	6:10	○
21	Sun			5:27	1.3	3:25	-0.1			6:00	6:10	○
22	Mon			6:19	1.2	6:25	-0.1			5:59	6:11	○
23	Tue			7:25	1.1	7:31	-0.1			5:58	6:12	◐
24	Wed			8:30	1.0	8:29	-0.1			5:57	6:12	◐
25	Thu			9:57	0.9	9:15	0.0			5:55	6:13	◐
26	Fri			4:16	0.7	9:41	0.1	7:05	0.6	5:54	6:13	◐
27	Sat	1:12	0.8	4:05	0.7	9:41	0.3	8:20	0.5	5:53	6:14	◐
28	Sun	2:50	0.8	3:43	0.7	9:13	0.4	9:25	0.4	5:52	6:15	◐
29	Mon	4:06	0.7	2:54	0.8	8:53	0.6	10:07	0.3	5:51	6:15	◐
30	Tue	5:14	0.7	2:34	1.0	8:44	0.6	10:38	0.2	5:49	6:16	●
31	Wed			2:48	1.1			11:06	0.1	5:48	6:16	●