

Shell Beach, LA - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			5:04	1.2	2:06	0.0			6:01	8:03	
2	Fri	11:39	1.0	5:21	1.0	2:18	0.1	1:45	0.9	6:01	8:03	
3	Sat	10:54	0.9			2:28	0.3			6:02	8:03	
4	Sun	10:17	1.0			2:21	0.4	10:07	0.4	6:02	8:03	
5	Mon	9:55	1.2					9:49	0.1	6:03	8:03	
6	Tue	10:07	1.3					10:18	-0.1	6:03	8:03	
7	Wed	10:41	1.4					10:56	-0.2	6:04	8:03	
8	Thu	11:33	1.5					11:35	-0.3	6:04	8:02	
9	Fri			12:33	1.6					6:05	8:02	
10	Sat			1:26	1.6	12:15	-0.4			6:05	8:02	
11	Sun			2:15	1.6	12:53	-0.3			6:06	8:02	
12	Mon			3:03	1.5	1:27	-0.2			6:06	8:01	
13	Tue			3:52	1.4	1:49	-0.1			6:07	8:01	
14	Wed			4:34	1.2	1:54	0.0			6:07	8:01	
15	Thu			5:05	1.0	1:50	0.1			6:08	8:01	
16	Fri	10:18	0.8	5:21	0.8	1:43	0.2	2:36	0.7	6:08	8:00	