

Shell Beach, LA - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			6:34	1.0	2:57	-0.1			6:24	5:57	
2	Thu			7:24	1.0	7:03	-0.2			6:23	5:58	
3	Fri			8:19	1.1	8:13	-0.3			6:22	5:59	
4	Sat			9:22	1.1	9:12	-0.4			6:21	5:59	
5	Sun			11:13	1.0	9:58	-0.4			6:20	6:00	
6	Mon					10:33	-0.3			6:18	6:01	
7	Tue	12:55	1.0			11:00	-0.2			6:17	6:01	
8	Wed	2:27	0.9	6:04	0.5	11:11	0.0	9:12	0.4	6:16	6:02	
9	Thu	3:56	0.8	5:42	0.5	11:08	0.2	10:21	0.3	6:15	6:03	
10	Fri	5:11	0.7	4:42	0.6	11:05	0.3	11:11	0.1	6:14	6:03	
11	Sat	7:05	0.6	4:08	0.7	11:02	0.5			6:13	6:04	
12	Sun			4:20	0.8	12:00	0.0			6:12	6:04	
13	Mon			4:46	0.9	12:53	0.0			6:10	6:05	
14	Tue			5:17	1.0	1:51	0.0			6:09	6:06	
15	Wed			5:56	1.0	2:59	0.0			6:08	6:06	
16	Thu			6:46	1.0	6:44	0.0			6:07	6:07	
17	Fri			7:45	0.9	7:40	-0.1			6:06	6:08	
18	Sat			8:45	0.9	8:29	-0.1			6:04	6:08	
19	Sun			10:15	0.9	9:07	0.0			6:03	6:09	
20	Mon					9:34	0.0			6:02	6:09	
21	Tue	12:20	0.9	5:02	0.7	9:51	0.1	7:33	0.7	6:01	6:10	
22	Wed	1:35	0.9	4:43	0.7	10:00	0.2	8:52	0.6	6:00	6:11	
23	Thu	2:57	0.9	4:23	0.7	10:03	0.3	9:47	0.5	5:58	6:11	
24	Fri	4:13	0.8	4:03	0.8	10:07	0.5	10:27	0.3	5:57	6:12	
25	Sat	5:30	0.8	3:48	0.9	10:13	0.6	11:04	0.2	5:56	6:12	
26	Sun	7:31	0.8	3:49	1.1	10:17	0.7	11:44	0.1	5:55	6:13	
27	Mon			4:04	1.2					5:54	6:14	
28	Tue			4:29	1.3	12:35	0.0			5:52	6:14	
29	Wed			5:00	1.4	1:39	0.0			5:51	6:15	
30	Thu			5:39	1.4	3:01	0.0			5:50	6:15	
31	Fri			6:32	1.3	6:23	0.0			5:49	6:16	