

Shell Beach, LA - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:22	1.3					2:03	-0.4	6:54	5:10	
2	Tue	4:13	1.2					2:21	-0.3	6:54	5:10	
3	Wed	4:55	1.0					2:29	-0.1	6:54	5:11	
4	Thu	5:27	0.7	10:54	0.5			2:31	0.1	6:54	5:12	
5	Fri			9:54	0.6			2:24	0.2	6:55	5:13	
6	Sat			9:09	0.7	9:03	0.1			6:55	5:13	
7	Sun			9:24	0.8	9:14	-0.1			6:55	5:14	
8	Mon			10:02	0.9	9:47	-0.3			6:55	5:15	
9	Tue			10:54	1.0	10:22	-0.4			6:55	5:16	
10	Wed			11:48	1.0	10:55	-0.5			6:55	5:16	
11	Thu					11:28	-0.5			6:55	5:17	
12	Fri	12:36	1.0			11:58	-0.5			6:55	5:18	
13	Sat	1:23	1.0					12:21	-0.4	6:55	5:19	
14	Sun	2:13	1.0					12:36	-0.4	6:55	5:20	
15	Mon	3:05	0.9					12:45	-0.4	6:55	5:21	
16	Tue	3:50	0.8					12:54	-0.3	6:54	5:21	
17	Wed	4:27	0.7					1:04	-0.3	6:54	5:22	
18	Thu	4:58	0.6	9:06	0.4			1:16	-0.2	6:54	5:23	
19	Fri	5:23	0.4	8:45	0.5	1:18	0.3	1:25	-0.1	6:54	5:24	
20	Sat	5:22	0.2	8:37	0.5	2:45	0.2	1:17	0.0	6:54	5:25	
21	Sun			8:42	0.6	8:52	0.0			6:53	5:26	
22	Mon			9:00	0.8	8:31	-0.2			6:53	5:27	
23	Tue			9:31	0.9	9:13	-0.3			6:53	5:27	
24	Wed			10:22	1.0	9:54	-0.5			6:52	5:28	
25	Thu			11:30	1.1	10:33	-0.6			6:52	5:29	
26	Fri					11:13	-0.7			6:51	5:30	
27	Sat	12:32	1.1			11:53	-0.7			6:51	5:31	
28	Sun	1:33	1.1					12:32	-0.6	6:51	5:32	
29	Mon	2:42	1.1					1:02	-0.5	6:50	5:33	
30	Tue	3:49	0.9					1:17	-0.3	6:49	5:34	
31	Wed	4:44	0.7	8:58	0.3			1:18	-0.2	6:49	5:34	