

Shell Beach, LA - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:09	0.8			11:17	-0.1			6:23	5:58	
2	Sun	3:08	0.7	6:39	0.4	11:14	0.0	10:22	0.3	6:22	5:58	
3	Mon	4:01	0.7	5:38	0.5	11:15	0.1	11:03	0.2	6:21	5:59	
4	Tue	4:49	0.6	5:16	0.6	11:19	0.2	11:40	0.1	6:20	6:00	
5	Wed	5:49	0.5	5:18	0.7	11:22	0.3			6:19	6:00	
6	Thu	7:55	0.4	5:31	0.8	12:21	0.1	11:08 AM	0.3	6:18	6:01	
7	Fri			5:49	0.9	1:09	0.0			6:17	6:02	
8	Sat			6:15	0.9	2:07	0.0			6:16	6:02	
9	Sun			6:53	1.0	5:50	0.0			6:14	6:03	
10	Mon			7:43	1.1	7:20	-0.1			6:13	6:04	
11	Tue			8:38	1.1	8:27	-0.2			6:12	6:04	
12	Wed			9:52	1.1	9:21	-0.3			6:11	6:05	
13	Thu					10:02	-0.3			6:10	6:05	
14	Fri	12:00	1.1			10:34	-0.2			6:09	6:06	
15	Sat	1:27	1.1			10:58	0.0			6:07	6:07	
16	Sun	3:04	1.1	5:57	0.6	11:10	0.2	9:35	0.5	6:06	6:07	
17	Mon	4:32	1.0	5:13	0.6	11:12	0.4	10:38	0.3	6:05	6:08	
18	Tue	6:13	0.8	4:11	0.8	11:11	0.6	11:34	0.1	6:04	6:09	
19	Wed	8:20	0.8	4:02	1.0	11:03	0.7			6:03	6:09	
20	Thu			4:24	1.1	12:35	0.0			6:01	6:10	
21	Fri			4:56	1.2	1:46	-0.1			6:00	6:10	
22	Sat			5:34	1.2	3:13	-0.1			5:59	6:11	
23	Sun			6:24	1.2	6:32	-0.1			5:58	6:12	
24	Mon			7:29	1.1	7:41	-0.1			5:57	6:12	
25	Tue			8:34	1.0	8:43	-0.1			5:55	6:13	
26	Wed			10:01	0.9	9:27	0.0			5:54	6:13	
27	Thu					9:54	0.1			5:53	6:14	
28	Fri	12:31	0.9	4:49	0.7	10:02	0.2	8:05	0.6	5:52	6:15	
29	Sat	1:45	0.9	4:35	0.7	9:55	0.3	9:15	0.5	5:51	6:15	
30	Sun	3:03	0.8	4:04	0.8	9:47	0.4	10:01	0.4	5:49	6:16	
31	Mon	4:09	0.8	3:35	0.9	9:46	0.5	10:35	0.3	5:48	6:16	