

Shell Beach, LA - Jun 1989

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 11:58 | 1.7 | | | | | 11:02 | -0.3 | 5:58 | 7:54 | ☾ |
| 2 | Fri | | | 12:35 | 1.8 | | | 11:52 | -0.4 | 5:57 | 7:55 | ☾ |
| 3 | Sat | | | 1:21 | 1.9 | | | | | 5:57 | 7:55 | ☾ |
| 4 | Sun | | | 2:11 | 1.9 | 12:53 | -0.4 | | | 5:57 | 7:56 | ☾ |
| 5 | Mon | | | 3:07 | 1.9 | 2:05 | -0.4 | | | 5:57 | 7:56 | ☾ |
| 6 | Tue | | | 4:04 | 1.8 | 3:05 | -0.3 | | | 5:57 | 7:57 | ☾ |
| 7 | Wed | | | 4:53 | 1.7 | 3:48 | -0.2 | | | 5:57 | 7:57 | ☾ |
| 8 | Thu | | | 5:27 | 1.5 | 4:15 | -0.1 | | | 5:57 | 7:58 | ☾ |
| 9 | Fri | | | 5:43 | 1.2 | 4:21 | 0.1 | | | 5:57 | 7:58 | ☾ |
| 10 | Sat | | | 1:58 | 1.0 | 4:08 | 0.2 | | | 5:57 | 7:59 | ☾ |
| 11 | Sun | | | 1:02 | 1.0 | 3:40 | 0.4 | | | 5:57 | 7:59 | ☾ |
| 12 | Mon | 11:33 | 1.0 | | | 1:01 | 0.4 | 10:46 | 0.3 | 5:57 | 7:59 | ☾ |
| 13 | Tue | 10:59 | 1.2 | | | | | 10:05 | 0.1 | 5:57 | 8:00 | ☾ |
| 14 | Wed | 11:08 | 1.4 | | | | | 10:22 | -0.1 | 5:57 | 8:00 | ☾ |
| 15 | Thu | 11:35 | 1.5 | | | | | 10:54 | -0.2 | 5:57 | 8:00 | ☾ |
| 16 | Fri | | | 12:12 | 1.6 | | | 11:32 | -0.3 | 5:57 | 8:01 | ☾ |
| 17 | Sat | | | 12:56 | 1.7 | | | | | 5:57 | 8:01 | ☾ |
| 18 | Sun | | | 1:40 | 1.8 | 12:15 | -0.3 | | | 5:57 | 8:01 | ☾ |
| 19 | Mon | | | 2:27 | 1.8 | 1:03 | -0.3 | | | 5:57 | 8:02 | ☾ |
| 20 | Tue | | | 3:15 | 1.8 | 1:51 | -0.4 | | | 5:58 | 8:02 | ☾ |
| 21 | Wed | | | 4:03 | 1.8 | 2:29 | -0.4 | | | 5:58 | 8:02 | ☾ |
| 22 | Thu | | | 4:42 | 1.7 | 2:54 | -0.3 | | | 5:58 | 8:02 | ☾ |
| 23 | Fri | | | 5:13 | 1.5 | 3:08 | -0.2 | | | 5:58 | 8:02 | ☾ |
| 24 | Sat | | | 5:31 | 1.2 | 3:15 | 0.0 | | | 5:59 | 8:03 | ☾ |
| 25 | Sun | | | 12:12 | 1.0 | 3:15 | 0.2 | | | 5:59 | 8:03 | ☾ |
| 26 | Mon | 10:54 | 1.0 | | | 3:01 | 0.4 | 10:01 | 0.4 | 5:59 | 8:03 | ☾ |
| 27 | Tue | 10:05 | 1.2 | | | | | 9:18 | 0.1 | 6:00 | 8:03 | ☾ |
| 28 | Wed | 10:07 | 1.4 | | | | | 9:56 | -0.2 | 6:00 | 8:03 | ☾ |
| 29 | Thu | 10:35 | 1.6 | | | | | 10:46 | -0.4 | 6:00 | 8:03 | ☾ |
| 30 | Fri | 11:22 | 1.7 | | | | | 11:37 | -0.5 | 6:01 | 8:03 | ☾ |