






## Shell Beach, LA - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:29	1.1					1:49	-0.2	6:54	5:10	
2	Tue	5:05	0.8	9:36	0.6			1:50	0.0	6:54	5:11	
3	Wed	5:46	0.5	8:43	0.7	2:29	0.4	1:40	0.1	6:54	5:11	
4	Thu			8:18	0.9	4:55	0.1			6:54	5:12	
5	Fri			8:28	1.1	6:54	-0.2			6:55	5:13	
6	Sat			8:58	1.2	8:13	-0.4			6:55	5:14	
7	Sun			9:45	1.3	9:32	-0.6			6:55	5:14	
8	Mon			10:51	1.4	10:29	-0.7			6:55	5:15	
9	Tue					11:21	-0.8			6:55	5:16	
10	Wed	12:04	1.4					12:12	-0.8	6:55	5:17	
11	Thu	1:07	1.4					12:57	-0.8	6:55	5:18	
12	Fri	2:10	1.3					1:30	-0.6	6:55	5:18	
13	Sat	3:11	1.1					1:43	-0.5	6:55	5:19	
14	Sun	4:00	0.9					1:35	-0.3	6:55	5:20	
15	Mon	4:41	0.7	9:01	0.4			1:17	-0.1	6:54	5:21	
16	Tue	5:19	0.4	7:53	0.5	1:22	0.3	12:50	0.0	6:54	5:22	
17	Wed	6:07	0.1	7:23	0.6	2:49	0.1	11:15 AM	0.0	6:54	5:23	
18	Thu			7:33	0.7	5:55	-0.1			6:54	5:23	
19	Fri			7:58	0.8	7:01	-0.3			6:54	5:24	
20	Sat			8:33	0.9	8:08	-0.4			6:53	5:25	
21	Sun			9:17	1.0	9:15	-0.5			6:53	5:26	
22	Mon			10:18	1.0	10:03	-0.6			6:53	5:27	
23	Tue			11:35	1.1	10:42	-0.7			6:52	5:28	
24	Wed					11:18	-0.7			6:52	5:29	
25	Thu	12:36	1.2			11:49	-0.8			6:52	5:29	
26	Fri	1:29	1.2					12:14	-0.7	6:51	5:30	
27	Sat	2:24	1.1					12:30	-0.6	6:51	5:31	
28	Sun	3:22	1.0					12:34	-0.5	6:50	5:32	
29	Mon	4:17	0.8	8:12	0.4			12:31	-0.3	6:50	5:33	
30	Tue	5:17	0.5	7:18	0.4			12:25	-0.1	6:49	5:34	
31	Wed	7:42	0.3	6:27	0.6	1:03	0.0	12:05	0.1	6:49	5:35	