





























Shell Beach, LA - Mar 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			10:31	0.9	9:51	-0.4			6:23	5:58	
2	Thu					10:21	-0.4			6:22	5:58	
3	Fri	12:05	1.0			10:46	-0.3			6:21	5:59	
4	Sat	1:08	1.0			11:04	-0.3			6:20	6:00	
5	Sun	2:09	1.0			11:15	-0.2			6:19	6:00	
6	Mon	3:15	0.9	6:46	0.5	11:21	0.0	10:05	0.5	6:18	6:01	
7	Tue	4:16	0.8	6:01	0.6	11:25	0.1	10:55	0.3	6:17	6:02	
8	Wed	5:21	0.7	5:24	0.7	11:29	0.3	11:44	0.2	6:15	6:02	
9	Thu	7:21	0.6	5:06	0.8	11:28	0.4			6:14	6:03	
10	Fri			5:12	1.0	12:38	0.0			6:13	6:04	
11	Sat			5:33	1.1	1:42	-0.1			6:12	6:04	
12	Sun			6:09	1.2	2:58	-0.1			6:11	6:05	
13	Mon			7:02	1.2	6:44	-0.2			6:10	6:05	
14	Tue			8:04	1.2	8:02	-0.3			6:08	6:06	
15	Wed			9:12	1.2	9:08	-0.3			6:07	6:07	
16	Thu			11:10	1.1	9:56	-0.3			6:06	6:07	
17	Fri					10:32	-0.2			6:05	6:08	
18	Sat	12:57	1.1			10:58	-0.1			6:04	6:09	
19	Sun	2:29	1.0	5:57	0.6	11:06	0.1	9:20	0.5	6:02	6:09	
20	Mon	3:58	0.9	5:21	0.6	11:00	0.3	10:24	0.4	6:01	6:10	
21	Tue	5:16	0.8	4:11	0.7	10:53	0.5	11:13	0.2	6:00	6:10	
22	Wed	7:28	0.7	3:51	0.9	10:45	0.6	11:58	0.1	5:59	6:11	
23	Thu			4:06	1.0					5:58	6:12	
24	Fri			4:30	1.1	12:44	0.0			5:56	6:12	
25	Sat			4:58	1.2	1:32	0.0			5:55	6:13	
26	Sun			5:30	1.2	2:27	0.0			5:54	6:13	
27	Mon			6:11	1.2	5:58	0.0			5:53	6:14	
28	Tue			7:11	1.1	7:09	0.0			5:52	6:15	
29	Wed			8:18	1.1	8:02	0.0			5:50	6:15	
30	Thu			9:36	1.1	8:47	0.0			5:49	6:16	
31	Fri					9:20	0.1			5:48	6:16	