

Shell Beach, LA - Dec 2009

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | | | | | 11:06 | -0.1 | | | 6:36 | 4:58 | ☾ |
| 2 | Wed | 12:34 | 1.9 | | | | | 12:12 | -0.2 | 6:37 | 4:58 | ☾ |
| 3 | Thu | 1:25 | 2.0 | | | | | 1:21 | -0.2 | 6:38 | 4:58 | ☾ |
| 4 | Fri | 2:24 | 2.0 | | | | | 2:15 | -0.3 | 6:39 | 4:58 | ☾ |
| 5 | Sat | 3:25 | 1.9 | | | | | 2:56 | -0.2 | 6:40 | 4:58 | ☾ |
| 6 | Sun | 4:17 | 1.8 | | | | | 3:26 | -0.1 | 6:40 | 4:59 | ☾ |
| 7 | Mon | 5:01 | 1.6 | | | | | 3:38 | 0.1 | 6:41 | 4:59 | ☾ |
| 8 | Tue | 5:41 | 1.2 | | | | | 3:31 | 0.3 | 6:42 | 4:59 | ☾ |
| 9 | Wed | 12:06 | 0.9 | 11:12 | 1.0 | 4:02 | 0.8 | 3:12 | 0.5 | 6:42 | 4:59 | ☾ |
| 10 | Thu | | | 9:44 | 1.1 | 7:12 | 0.5 | | | 6:43 | 4:59 | ☾ |
| 11 | Fri | | | 9:40 | 1.3 | 8:08 | 0.1 | | | 6:44 | 4:59 | ☾ |
| 12 | Sat | | | 10:08 | 1.4 | 9:11 | -0.1 | | | 6:44 | 5:00 | ☾ |
| 13 | Sun | | | 10:52 | 1.5 | 10:01 | -0.2 | | | 6:45 | 5:00 | ☾ |
| 14 | Mon | | | 11:42 | 1.5 | 10:48 | -0.3 | | | 6:46 | 5:00 | ☾ |
| 15 | Tue | | | | | 11:38 | -0.3 | | | 6:46 | 5:01 | ☾ |
| 16 | Wed | 12:32 | 1.5 | | | | | 12:30 | -0.3 | 6:47 | 5:01 | ☾ |
| 17 | Thu | 1:23 | 1.5 | | | | | 1:15 | -0.3 | 6:48 | 5:01 | ☾ |
| 18 | Fri | 2:16 | 1.5 | | | | | 1:44 | -0.3 | 6:48 | 5:02 | ☾ |
| 19 | Sat | 3:09 | 1.4 | | | | | 1:58 | -0.2 | 6:49 | 5:02 | ☾ |
| 20 | Sun | 3:52 | 1.3 | | | | | 2:03 | -0.2 | 6:49 | 5:03 | ☾ |
| 21 | Mon | 4:27 | 1.2 | | | | | 2:04 | -0.1 | 6:50 | 5:03 | ☾ |
| 22 | Tue | 4:54 | 1.0 | 11:11 | 0.7 | | | 2:04 | 0.0 | 6:50 | 5:04 | ☾ |
| 23 | Wed | 5:10 | 0.7 | 9:44 | 0.7 | 2:28 | 0.7 | 2:00 | 0.1 | 6:51 | 5:04 | ☾ |
| 24 | Thu | | | 9:11 | 0.8 | | | 1:36 | 0.2 | 6:51 | 5:05 | ☾ |
| 25 | Fri | | | 9:03 | 1.0 | 7:04 | 0.2 | | | 6:52 | 5:05 | ☾ |
| 26 | Sat | | | 9:13 | 1.1 | 7:38 | -0.1 | | | 6:52 | 5:06 | ☾ |
| 27 | Sun | | | 9:40 | 1.3 | 8:47 | -0.2 | | | 6:52 | 5:07 | ☾ |
| 28 | Mon | | | 10:26 | 1.4 | 9:50 | -0.4 | | | 6:53 | 5:07 | ☾ |
| 29 | Tue | | | 11:27 | 1.5 | 10:43 | -0.6 | | | 6:53 | 5:08 | ☾ |
| 30 | Wed | | | | | 11:34 | -0.7 | | | 6:53 | 5:09 | ☾ |
| 31 | Thu | 12:28 | 1.6 | | | | | 12:27 | -0.7 | 6:54 | 5:09 | ☾ |