




























Shell Beach, LA - Jul 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			5:16	1.0	2:12	0.0			6:01	8:03	
2	Fri	10:45	0.9			2:07	0.1			6:01	8:03	
3	Sat	9:54	0.9			1:50	0.3			6:02	8:03	
4	Sun	9:38	1.1			12:31	0.3	9:43	0.2	6:02	8:03	
5	Mon	9:43	1.2					9:27	0.0	6:03	8:03	
6	Tue	10:01	1.3					10:04	-0.1	6:03	8:03	
7	Wed	10:33	1.5					10:47	-0.3	6:04	8:03	
8	Thu	11:21	1.6					11:29	-0.4	6:04	8:02	
9	Fri			12:23	1.7					6:05	8:02	
10	Sat			1:20	1.8	12:10	-0.5			6:05	8:02	
11	Sun			2:12	1.9	12:51	-0.5			6:06	8:02	
12	Mon			3:05	1.8	1:28	-0.5			6:06	8:02	
13	Tue			4:01	1.7	1:58	-0.3			6:07	8:01	
14	Wed			4:52	1.4	2:13	-0.2			6:07	8:01	
15	Thu			5:33	1.1	2:12	0.1			6:08	8:01	
16	Fri	9:53	0.9	5:57	0.7	2:03	0.3	2:56	0.7	6:08	8:00	
17	Sat	8:59	1.0			1:35	0.5	7:56	0.4	6:09	8:00	
18	Sun	8:33	1.2					8:26	0.1	6:09	8:00	
19	Mon	8:53	1.4					9:20	-0.2	6:10	7:59	
20	Tue	9:29	1.5					10:17	-0.3	6:10	7:59	
21	Wed	10:16	1.5					11:04	-0.4	6:11	7:58	
22	Thu	11:18	1.6					11:45	-0.4	6:12	7:58	
23	Fri			12:31	1.6					6:12	7:57	
24	Sat			1:28	1.6	12:21	-0.3			6:13	7:57	
25	Sun			2:15	1.5	12:48	-0.2			6:13	7:56	
26	Mon			2:58	1.5	1:04	-0.1			6:14	7:55	
27	Tue			3:42	1.4	1:05	0.0			6:15	7:55	
28	Wed			4:25	1.2	12:59	0.1			6:15	7:54	
29	Thu	9:32	0.9	5:04	1.0	12:54	0.2	12:15	0.8	6:16	7:54	
30	Fri	8:32	0.9	5:39	0.8	12:51	0.3	1:34	0.7	6:16	7:53	
31	Sat	7:56	1.0	6:05	0.6	12:42	0.4	2:55	0.6	6:17	7:52	