


Shell Beach, LA - Mar 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			10:09	1.1	9:54	-0.6			6:23	5:58	
2	Fri			11:59	1.1	10:38	-0.5			6:22	5:58	
3	Sat					11:14	-0.5			6:21	5:59	
4	Sun	1:16	1.1			11:41	-0.3			6:20	6:00	
5	Mon	2:32	1.0			11:51	-0.1			6:19	6:00	
6	Tue	3:43	0.9	6:56	0.5	11:43	0.1	10:37	0.3	6:17	6:01	
7	Wed	4:44	0.7	5:23	0.5	11:33	0.2	11:30	0.2	6:16	6:02	
8	Thu	6:07	0.5	4:45	0.7	11:21	0.3			6:15	6:02	
9	Fri			4:51	0.8	12:20	0.0			6:14	6:03	
10	Sat			5:10	0.9	1:10	0.0			6:13	6:04	
11	Sun			6:37	1.0	3:00	-0.1			7:12	7:04	
12	Mon			7:11	1.0	4:00	-0.1			7:10	7:05	
13	Tue			7:59	1.0	7:44	-0.1			7:09	7:06	
14	Wed			8:58	1.1	8:54	-0.2			7:08	7:06	
15	Thu			10:01	1.1	9:53	-0.2			7:07	7:07	
16	Fri			11:44	1.1	10:36	-0.2			7:06	7:07	
17	Sat					11:07	-0.2			7:05	7:08	
18	Sun	1:24	1.1			11:30	-0.1			7:03	7:09	
19	Mon	2:33	1.1			11:46	0.0			7:02	7:09	
20	Tue	3:53	1.1	6:39	0.7	11:52	0.2	10:44	0.6	7:01	7:10	
21	Wed	5:14	1.0	5:56	0.7	11:53	0.4	11:37	0.3	7:00	7:11	
22	Thu	6:44	0.9	5:16	0.9	11:52	0.6			6:59	7:11	
23	Fri	9:06	0.8	5:04	1.1	12:25	0.2	11:41 AM	0.7	6:57	7:12	
24	Sat			5:17	1.3	1:16	0.0			6:56	7:12	
25	Sun			5:44	1.4	2:18	-0.1			6:55	7:13	
26	Mon			6:20	1.5	3:33	-0.1			6:54	7:14	
27	Tue			7:09	1.4	6:59	-0.1			6:52	7:14	
28	Wed			8:17	1.4	8:22	-0.2			6:51	7:15	
29	Thu			9:30	1.3	9:30	-0.2			6:50	7:15	
30	Fri			11:02	1.2	10:23	-0.1			6:49	7:16	
31	Sat					11:00	0.0			6:48	7:17	