



Shell Beach, LA - Mar 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu					10:32	-0.4			6:23	5:58	
2	Fri	1:05	1.0			10:57	-0.2			6:21	5:59	
3	Sat	2:44	1.0	5:46	0.5	11:08	0.0	9:18	0.4	6:20	5:59	
4	Sun	4:21	0.8	5:02	0.5	11:03	0.2	10:30	0.2	6:19	6:00	
5	Mon	6:02	0.7	4:01	0.7	10:55	0.4	11:27	0.0	6:18	6:01	
6	Tue	8:14	0.6	3:52	0.9	10:42	0.6			6:17	6:01	
7	Wed			4:16	1.0	12:29	-0.2			6:16	6:02	
8	Thu			4:50	1.1	1:42	-0.2			6:15	6:03	
9	Fri			5:32	1.2	3:18	-0.2			6:14	6:03	
10	Sat			6:24	1.1	6:33	-0.2			6:12	6:04	
11	Sun			8:28	1.0	8:42	-0.3			7:11	7:04	
12	Mon			9:31	1.0	9:42	-0.3			7:10	7:05	
13	Tue			10:45	0.9	10:27	-0.2			7:09	7:06	
14	Wed					10:54	-0.1			7:08	7:06	
15	Thu	1:04	0.8	5:53	0.6	11:05	0.0	8:26	0.5	7:06	7:07	
16	Fri	2:21	0.8	5:34	0.6	10:58	0.2	9:50	0.4	7:05	7:08	
17	Sat	3:40	0.7	5:02	0.6	10:43	0.3	10:47	0.3	7:04	7:08	
18	Sun	4:56	0.7	4:28	0.8	10:35	0.4	11:25	0.2	7:03	7:09	
19	Mon	6:04	0.6	4:21	0.9	10:35	0.5	11:55	0.1	7:02	7:09	
20	Tue	8:06	0.6	4:32	1.0	10:34	0.6			7:01	7:10	
21	Wed			4:51	1.1	12:25	0.0			6:59	7:11	
22	Thu			5:15	1.2	12:59	0.0			6:58	7:11	
23	Fri			5:41	1.3	1:45	0.0			6:57	7:12	
24	Sat			6:12	1.3	2:49	0.0			6:56	7:13	
25	Sun			6:51	1.4	4:35	0.0			6:54	7:13	
26	Mon			7:45	1.3	7:33	-0.1			6:53	7:14	
27	Tue			8:52	1.3	8:26	-0.1			6:52	7:14	
28	Wed			10:03	1.2	9:13	0.0			6:51	7:15	
29	Thu					9:54	0.1			6:50	7:16	
30	Fri	1:19	1.1	5:07	0.8	10:20	0.3	8:30	0.7	6:48	7:16	
31	Sat	3:28	1.0	4:37	0.8	10:20	0.5	9:53	0.5	6:47	7:17	